

## Bicycle Tours in France: Torino to Paris - AllTrails Expedition (TourzPlus)

### OVERVIEW

We have partnered with Australian company [AllTrails](#) to bring you a bicycle expedition from Torino to Paris.

Cycle from Italy to France over legendary passes in the Alps and through renowned wine towns. Absorb the scenery on the way to Paris from your bike seat. This 13-day trip enables you to enjoy French culture, explore the tiny villages en route and make new friends on the road, as well as welcome the Tour de France cyclists as they race into Paris on the last day of the most famous cycling race in the world.

Featured in [Men's Journal](#) as one of 3 top global epic long distance bicycle tours.

Combine with [AllTrails Rome to Torino](#).

The Rome to Paris ride was voted by Men's Journal as one of the top "Epic Long-Distance Bike Tours for 2014.

### HIGHLIGHTS

- Cycling through the French and Italian Alps
- celebration of Bastille Day in France
- vineyards
- chateaus
- arrival in Paris 1 day prior to the Tour de France

### TOUR FACTS

<b>Tour Style</b>	■ Classic: Learn more about our Classic tours at <a href="https://www.experienceplus.com/choosing-the-best-tour/styles/classic">https://www.experienceplus.com/choosing-the-best-tour/styles/classic</a>
<b>Includes</b>	13 days, 12 nights in comfortable 3 and 4 star hotels and country estates; 12 breakfasts, 6 dinners, 1 evening happy hour, 3 lunches, Champagne celebration at the Eifel Tower; van support
<b>Countries</b>	France, Italy
<b>Begin/End</b>	Torino (Turin), Italy / Paris, France
<b>Arrive/Depart</b>	Torino International Airport (TRN) / Charles De Gaulle (CDG) or Paris-Orly (ORY)
<b>Total Distance</b>	978 kms (604 miles)
<b>Avg. Daily Distance</b>	98 kms 60 miles) per riding day
<b>Tour Level</b>	▶▶▶▶▶
<b>Keep in Mind</b>	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. Mountainous terrain that flattens out as the tour progresses; high daily mileage; this tour is timed to combine with the finish of the Tour de France so expect it to be hot.

**Please Note:** We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the ■ [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/bike-tours/france/torino-paris>

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**DATES & PRICES**

**DAILY RIDE SUMMARY**

Day	Distance/Gain	Terrain	Day Level	Notes
1	0km / 0m (0mi / 0ft)			
2	0km / 0m (0mi / 0ft)			
3	0km / 0m (0mi / 0ft)			
4	0km / 0m (0mi / 0ft)			
5	0km / 0m (0mi / 0ft)			
6	0km / 0m (0mi / 0ft)			
7	0km / 0m (0mi / 0ft)			
8	0km / 0m (0mi / 0ft)			
9	0km / 0m (0mi / 0ft)			
10	0km / 0m (0mi / 0ft)			
11	0km / 0m (0mi / 0ft)			
12	0km / 0m (0mi / 0ft)			
13	0km / 0m (0mi / 0ft)			

**Bicycle Tours in France: Torino to Paris - AllTrails Expedition (TourzPlus)****Meet in Torino (Turin)****DAY 1**

**Highlights** Welcome to Cycle Leg 23

**Meals** Dinner

This is rest day in Torino after Leg 22 from Rome to Torino. For cyclists joining us in Torino, we strongly suggest arriving on the 8th to prepare yourself and explore the area before meeting the AllTrails Cycle Legs team and riders. Torino was the first capital of a unified Italy and a major business and cultural centre for the country, it is also the capital of the Piemonte region, famous for its wines and monasteries. Distance: Test Ride. Meals: D Lodging: Hotel Genova

**Torino to Susa****DAY 2**

**Highlights** Italian Alps

**Meals** Breakfast, Dinner

The beauty of the Italian Alps is with us today in all its glory as we cycle up the Dora Riparia - the magnificent valley taking us to Susa and the snowfield region of Bardonecchia, a popular holiday resort in the heart of the Alps, where the Winter Olympics took place in 2006. Distance: 57km (35 miles). Meals: B, D Lodging: Hotel Napoleon

**Susa to Briançon****DAY 3**

**Highlights** Climbing the French Alps, Briançon

**Meals** Breakfast, Dinner

Today we cross the French border then head south to the lovely Alpine town of Briançon. At 68km this is a reasonably short ride but it marks the start of the mountain climbing so it will be a nice warm up for tomorrow's attack on the famous Tour de France climbs and you will enjoy the afternoon in beautiful surroundings. We are going to pass through Bardonecchia, the last village in Italy before climbing the Colle della Scala/ Col de l'echelle which marks the boundary between Italy and France. From the top of the Col (1762 metres) we will gently ride downhill into Briancon, the highest town in the European Union at 1325 metres, with its magnificent fortifications of the Vauban. Briancon has often been the final stage of the Tour de France and the Giro d'Italia. Distance: 68 km (42 miles). Meals: B Lodging: Parc Hotel

**Bicycle Tours in France: Torino to Paris - AllTrails Expedition (TourzPlus)****Briançon to Alpe d'Huez****DAY 4**

**Highlights** Col du Lautaret, la Meije, Massif des Ecrins, l'Alpe-d'Huez, Col du Galibier (optional)

**Meals** Breakfast, Lunch, Dinner

We cycle through the valley alongside beautiful river systems, before climbing Col du Lautaret 2058mt then on to La Meije, Massif des Ecrins. For those who want the ultimate Tour de France cycling experience you have the opportunity to ride up and down Col du Galibier before we all climb the world famous Alpe d'Huez. Stand on the podium at the top for a great picture opportunity before retiring to our accommodation right here at the top of Alpe-d'Huez for our overnight stay (unless you want to go down and do Alpe-d'Huez again!). Don't worry if you do not want to tackle all of the hills today - our support vehicle will be there to help you along where required (and remember that tomorrow is pretty much all downhill). Many of the climbs that you ride today will be ridden by the Tour de France cyclists tomorrow as le Tour travels in the opposite direction to us. Distance: 81 km (50 miles). Meals: B, L, D Lodging: Alpenrose Hotel

**Alpe d'Huez to La Cote St André****DAY 5**

**Highlights** Gorges de la Romanche, Chaîne de la Belledonne, Grenoble.

**Meals** Breakfast

Today we head down from Alpe d'Huez to Le Bourg d'Oisans on a long downhill then wind our way between the stunning mountain ranges, heading on and through Grenoble along the Drac and then Isere Rivers. Grenoble is considered the capital of the French Alps and the city's history goes back more than 2000 years! We'll bike along the two rivers on a nice and flat bikepath before getting to a small and typical village of the region Rhone Alpes: la Cote St Andre. Distance 124 km (77 miles). Meals: B, D Lodging: Hotel de France

**La Cote St André to Mâcon****DAY 6**

**Highlights** Rolling countryside of the French Rhone-Alpes region, Mâcon wines and Beaujolais vineyards

A long but flat ride for today as we cross the Rhone River and head north through the marshy plains of the Dombes region, also known as the thousand lakes region. Many spots for bird watching today, as we pedal from one pond to the next. The cycling to Paris from now has a lot less hills, however vineyards are the beauty of this area. We head away taking in the wonderful scenery and atmosphere of the French countryside and villages. In the morning we will pedal through the beautiful countryside on small roads with no traffic before getting into the Burgundy region with its production of excellent wines. Our final stop is Macon, a town which lies on the river Saone. The city has a wonderful recently restored romanesque cathedral and many cafes along the

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river where you can taste some wines of the Maconnais! Distance: 141 km (87 miles).  
Meals: B Lodging: Hotel de Bourgogne

**Meals** Breakfast

**Bicycle Tours in France: Torino to Paris - AllTrails Expedition (TourzPlus)****Mâcon to Beaune - Capital of Burgundy Wines****DAY 7**

**Highlights** Burgundy vineyards - Montrachet, Tournus, Meursault, Pommard, Volnay

**Meals** Breakfast

Highlights today are many as we cycle through Burgundy's famous Vineyards. A scenic flat ride through some of the best known vineyards of France. We will start the day biking along rolling roads in the middle of the countryside before getting to the medieval town of Tournus where you can stop by to visit the massive church of Saint Philibert. From Tournus you will bike through the famous vineyards and chateaux of Burgundy before getting to Beaune, the capital of the wine region, ready for your rest day tomorrow. Distance: 102 km (63 miles). Meals: B Lodging: Hotel de la Paix

**Beaune (Rest Day)****DAY 8**

**Highlights** Beaune

**Meals** Breakfast

Rest day today in the Capital of Burgundy Wines to recharge the batteries and prepare for the final push on to Paris. Explore the town or relax at the wineries scattered around every corner. Distance: Rest Day Meals: B Lodging: Hotel de la Paix

**Beaune to Semur-en-Auxois****DAY 9**

**Highlights** Beautiful traffic-free country roads, fortified town of Semur-en-Auxois

**Meals** Breakfast, Lunch

Burgundy Vineyards beautify this area, which has many quiet back roads through medieval villages built on a pink granite bluff. We pedal the small roads again before a short climb to the splendid medieval chateau de Chateauneuf where you can stop for a visit and enjoy a magnificent view of the countryside. There will not be many villages today along our route - simply the beauty of the green, flowery countryside before arriving in Semur en Auxois which is encircled by River Armancon and was the start of 2007 Tour de France. Distance: 90 km (56 miles). Meals: B, L Lodging: Le Cote d'Or

**Bicycle Tours in France: Torino to Paris - AllTrails Expedition (TourzPlus)****Semur-en-Auxois to Auxerre****DAY 10**

**Highlights** Auxerre - Capital of Lower Burgundy.

**Meals** Breakfast, Dinner

Rolling terrain today on our way to Auxerre, the Capital of Lower Burgundy and home of some of the most famous wineries in France. Not to be missed is the historical center with its half-timber houses and the exquisite flamboyant Gothic Abbey of St. Germain. From Semur we will experience the bucolic side of France, pedaling through flat roads before a short climb to Avallon, an architectural medieval pearl in the middle of Burgundy. Take the time to explore the village and do not miss the collegiate de Saint Lazaire. From Avallon we will continue on rolling and flat roads with little traffic till the entrance of Auxerre. We will pedal through the historical centre on small medieval lanes to our hotel. Auxerre is simply stunning: explore the city and taste some typical wines such as the Chablis or the Cremant de Bourgogne. Distance: 102 km (63 miles). Meals: B, D Lodging: Hotel le Parc des Marechaux

**Auxerre to Fontainebleau****DAY 11**

**Highlights** Fontainebleau

**Meals** Breakfast, Lunch

A great ride today as we cycle the flat and easy terrain, passing through villages and crossing the border with our final region that is the Ile de France region. A few last short rolling hills before our final destination of Fontainebleau where you will admire one of the most famous French royal palaces: Fontainebleau. The Palace and the surrounding forest are popular destinations for Parisians to get out in the country and a lovely way to appreciate where the kings of France once lived. Distance: 125 km (78 miles). Meals: B, L Lodging: Aigle Noir

**Fontainebleau to Eiffel Tower, Paris****DAY 12**

**Highlights** Pedaling into Paris, Chateau Vaux-le-Vicomte, Moulin de Senlis

**Meals** Breakfast, Dinner

Pedalling into Paris, the scenery, vineyards, villages, churches, magnificent architecture to Notre Dame Cathedral then finish under the Eiffel Tower with celebrations, champagne, French bread, cheese, olives, meats. Photos and 3 cheers before cycling down to the Champs-Élysées. Our hotel is exceptional, placed between Eiffel Tower and Champs-Élysées, in a lovely area of Paris amongst great restaurants. Distance: 88 km (55 miles). Meals: B, D Lodging: Hotel West End

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**Highlights** Optional Extra - grandstand viewing of Tour de France Paris arrival

**Meals** Breakfast

Today we wander the sights of this wonderful city, and as an optional extra, some clients have bought seats in a hospitality tent on the Champs-Élysées, with food, drinks and a giant screen opposite. Others are scouting around, grabbing their best vantage points for the last day of the Tour de France. Don't miss it! A venue will be arranged for dinner tonight for those who want to continue celebrating which is at your own expense. No cycling today. Meals: B Optional Extra: enjoy the final day of the Tour de France in Paris with a fully catered grandstand package as the riders race up the Champs-Élysées. We can also help arrange a hotel for you if you plan to stay for the fun.

**INCLUDED****WHAT'S INCLUDED**

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

**PRE-TRIP SUPPORT**

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- \*Traveler services including assistance booking extra nights at the tour starting and ending hotels. (\*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

**BICYCLES**

For a full list of what's included with your bike see: <https://www.experienceplus.com/what-to-expect/our-bikes/>. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

**NAVIGATING, DAYSHEETS AND VAN SUPPORT:**

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to

RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

**Need More Miles?** On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

**Need Fewer Miles?** On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

**ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS**

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. \*Tips are included in Expedition pricing and not expected on self-guided tours.

**PHOTOS:**

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

## STYLES

### OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

**Classic Tours:** Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4.5

**Explorer Tours:** Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: \$\$
- Tour Levels: 1-4

**Bike and Boat Tours:** Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support: 2 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4

**Expedition Tours:** Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 4-5

**Self-guided Tours:** perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: \$
- Tour Levels: 1-4

**LEVELS**

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

**LEVEL 1 - 1.5**

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

**LEVEL 2 - 2.5**

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

**LEVEL 3 - 3.5**

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

**LEVEL 4 - 4.5**

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

**LEVEL 5 (EXPEDITION)**

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

**REMEMBER**

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

## CHECKLIST

### TO DO ONCE YOU'VE BOOKED!

- Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- Complete the Customer Information Form: <https://www.experienceplus.com/travel-planning/customer-information-form/>
- We recommend you take out travel insurance. Find details at <https://www.experienceplus.com/travel-planning/travel-insurance/>
- Choose a bicycle training program: <https://www.experienceplus.com/travel-planning/bicycle-tour-training/>
- Peruse our country-specific Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>

### 6 TO 3 MONTHS PRIOR TO TOUR START DATE

- Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- Book your pre and post-tour hotel nights.
- Begin your chosen training program
- Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

### 6 TO 2 WEEKS PRIOR TO TOUR START DATE

- Start reading one of the books or watching one of the movies from our Reading and Movie Lists: <https://www.experienceplus.com/travel-planning/>.
- Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at <https://www.experienceplus.com/travel-planning/packing/>.
- We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

### DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!