

## Bicycle Tours in Italy: Bicycling the Best of Southern Tuscany Plus! Florence

### OVERVIEW

Bicycle through the heart of Tuscany on a tour that begins in Cortona made famous by Frances Mayes in her book, "Under the Tuscan Sun." From Cortona you pedal to the beautiful Val d'Orcia recognized by UNESCO as a "World Heritage Landscape" for its unique blend of human and natural environments. Over the course of twelve days you'll visit Pienza, Siena, San Gimignano and Radda in Chianti on your way to Florence. Prepare to explore the picture postcard landscape of Tuscany, one of the most beautiful regions in Italy.

\*\*\*If this sounds great but you prefer a shorter tour check out our [Bicycling the Best of Southern Tuscany](#) tour.\*\*\*

### HIGHLIGHTS

Siena, Cortona, Montalcino, Chianti wine region, UNESCO World Heritage Landscapes in Val d'Orcia, San Gimignano

### TOUR FACTS

<b>Tour Style</b>	 Classic: Learn more about our Classic tours at <a href="https://www.experienceplus.com/tours/bike-tour-styles/classic-tours">https://www.experienceplus.com/tours/bike-tour-styles/classic-tours</a>
<b>Includes</b>	12 days, 11 nights' accommodation; all breakfasts, 7 dinners with wine; 2 wine tasting; guided tour of Siena; shuttle to Florence train station; and the usual (see below).
<b>Countries</b>	Italy
<b>Begin/End</b>	Cortona / Shuttle to Florence S.M. Novella Train Station
<b>Arrive/Depart</b>	Rome Fiumicino Airport (FCO) or Florence Airport (FLR) / Florence
<b>Total Distance</b>	545-613km (336-378 miles)
<b>Avg. Daily Distance</b>	68km (42 miles) per riding day
<b>Tour Level</b>	
<b>Keep in Mind</b>	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. This tour is our most popular cycling tour of Tuscany. Book early to guarantee your spot.

**Please Note:** We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the  [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/guided-bike-tours/italy/southern-tuscany-bike-tour-plus-florence>

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### DATES & PRICES

Dates Price Single Supplement\*

\*We are happy to match solo travelers who would like to share a room with someone of the same gender. If no match exists, due to hotel pricing, we will charge 50% of the single supplement rate. This fee will be collected at the time of the final payment. If a roommate assignment is available this fee will be refunded at the conclusion of the tour.

### DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	75km / 1127m (47mi / 3697ft)	Very hilly	★★★★	
3	59km / 1026m (37mi / 3365ft)	Very hilly	★★★★	
4	55km / 859m (34mi / 2818ft)	Rolling hills	★★★★	
5	79km / 1426m (49mi / 4677ft)	Very hilly	★★★★	
6	57km / 941m (36mi / 3086ft)	Rolling hills	★★★★	
7	48km / 896m (30mi / 2939ft)	Hilly	★★★★	
8	68km / 1104m (42mi / 3621ft)	Very hilly	★★★★	
9	62km / 1306m (39mi / 4284ft)	Hilly	★★★★	Today's ride is an optional loop ride
10	49km / 842m (31mi / 2762ft)	Hilly	★★★★	
11	44km / 1015m (28mi / 3329ft)	Very hilly	★★★★	Today's ride is an optional loop ride
12	Last day			

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### ARRIVAL INFO

**Meeting time 2 p.m. - on Day 1, meet your fellow cyclists and Tour Leaders at the Day 1 Hotel specified on the itinerary.**

**Note:**

As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, [check with us](#) if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like [Rome2Rio](#). The fare and timing information listed below is approximate.

The closest airports are Florence (FLR) and Pisa (PSA). Rome (FCO) is a 2-3-hour train ride away.

**Flying into Florence and continuing to Cortona:**

1. Vola in Bus shuttle to the Firenze S.M. Novella train station (20 min/EUR 6) or taxi to the train station (15-20 min/fixed rates EUR 20 (weekdays), EUR 23 (weekend), luggage EUR 1/piece)
2. Train to Camucia-Cortona (1.5 hours/fares vary)
3. Taxi from Cortona train station to Day 1 Hotel (5 min/EUR 15)

Look up Italian train schedules at [Trenitalia.com](#) or [Trainline.eu](#). Questions? See our information on taking trains in Europe [here](#) or [ask us](#).

### DEPARTURE INFO

**Your trip ends on the final day with a complimentary shuttle drop-off at the Florence Santa Maria Novella Train station, arriving at around 11:00 a.m. (takes about 1.5 hours). Your spot on the shuttle is already reserved.**

The below information will help you plan your departure. For more tips or other routes, you might like [Rome2Rio](#).

**Flying out of Florence:**

- Vola in Bus shuttle from the S.M.N. Florence train station to the Florence Airport (20 min/EUR 6)
- or taxi (15-20 min/fixed rates EUR 20 (weekdays), EUR 23 (weekend), luggage EUR 1/piece)

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### Arrive today in Cortona

**Highlights** Ancient Etruscan city of Cortona, Etruscan Museum, setting for Frances Mayes book "Under the Tuscan Sun"

You are in the spectacular hill town of Cortona today looking over the Chiana River valley (the "Val di Chiana"). Cortona offers the perfect introduction to Tuscany since its founding as an Etruscan town dates to 600 BC. Today Cortona retains the look and character of a Medieval city. Come a day early to see the newly restored Etruscan Museum or the Diocesan Museum with its Fra Angelico paintings. We'll fit bikes and do a test ride late this afternoon before going to dinner together.

### DAY 1

**Meals** Dinner

**Lodging**  Hotel San Michele  
 Hotel Villa Marsili

### Bicycle from Cortona to San Casciano dei Bagni

**Highlights** Views across the Val di Chiana, Lake Trasimeno, and the spa town of San Casciano dei Bagni

You'll pedal south today across the Chiana Valley to the spa town of San Casciano dei Bagni. San Casciano sits on the slopes of Monte Cetona, the northernmost of a series of extinct volcanoes in central Italy. Enjoy views looking back on your route from Cortona across the Val di Chiana. Enjoy a dip on the thermal pool overlooking the valley before dinner together.

### DAY 2

**Distance** 75 km (47 mi)

**Gain** 1127 m (3697 ft)

**Terrain** Very Hilly

**Level** 

**Meals** Breakfast, Dinner

**Lodging**  Hotel Fonteverde

### Bicycle the Orcia Valley - "Val d'Orcia" to San Quirico

**Highlights** Pienza and the Val d'Orcia, Tuscany

You'll ride through Radicofani today dominated by its 11th century castle and continue through the Orcia Valley to Pienza, home of Pope Pius II. Pope Pius turned this tiny village into a showpiece of Renaissance town planning in the 16th century. Our hotel tonight is just inside the city walls. Take a walk around Pienza and sample the local wines and cheeses (we highly recommend the Pecorino that is wrapped in chestnut leaves and aged under a bed of ashes allowing for uniform drying and aging).

### DAY 3

**Distance** 59 km (37 mi)

**Gain** 1026 m (3365 ft)

**Terrain** Very Hilly

**Level** 

**Meals** Breakfast, Dinner

**Lodging**  Residence Casanova  
 Relais Palazzo del Capitano



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### Cycle San Quirico to Montepulciano and the Val d'Orcia.

**Highlights** Wine village of Montepulciano, Bagno Vignoni thermal springs and San Quirico d'Orcia

Your loop ride today takes you through the wine village of Montepulciano and into the heart of the Orcia Valley. This valley is unique in Tuscany. Composed of poor clay soils the rounded hills change color with the seasons from bright greens and reds in spring to soft gold in summer and deep gray when the fields are ploughed in late fall. The margins of the valley are lined with volcanic plateaus allowing for better soils to cultivate grapes and olives. Cycle through the tiny Medieval spa of Bagno Vignoni and on to San Quirico d'Orcia.

### DAY 4

**Distance** 55 km (34 mi)

**Gain** 859 m (2818 ft)

**Terrain** Rolling hills

**Level** >>>>>

**Meals** Breakfast, Dinner

**Lodging**  Residence Casanova  
 Relais Palazzo del Capitano

### Bicycle from San Quirico to the wine town of Montalcino

**Highlights** Brunello di Montalcino, optional loop to the Abbey of San'Antimo

This morning starts with a ride on the ridgeline of the bare clay hills north of San Quirico. Cypress trees mark the entrances to isolated Tuscan farms on distant hills. The quaint village square in Trequanda is an excellent mid-morning cappuccino stop. As you continue down the Asso River Valley, you leave the clay hills and ride through vineyards as you make our way to the Etruscan village and wine town of Montalcino. This fortified town sheltered summering Sienese nobles during the 16th century, but today is more famous for producing one of Italy's premier red wines, Brunello di Montalcino. Call it a day and head to the hotel or take an extra ride to the famous Abbey of Sant'Antimo. We have a special aperitif planned this evening.

### DAY 5

**Distance** 79 km (49 mi)

**Gain** 1426 m (4677 ft)

**Terrain** Very Hilly

**Level** >>>>>

**Meals** Breakfast

**Lodging**  Hotel dei Capitani

### Bicycle from Montalcino to Siena

**Highlights** Monte Oliveto Maggiore, the "Crete Senesi," Siena

The full beauty of the Tuscan landscape with the lush green fields and forests of the Orcia Valley and the barren clay hills of Central Tuscany unfold before us today as you leave Montalcino and pedal to Siena. You'll pass by the historic monastery of Monte Oliveto Maggiore and spin along the eroded chalk hills of the Crete Senesi. Siena remains Italy's best-preserved medieval city and rivaled Florence for dominance over Tuscany during the 1300s. You'll be transported back in time as soon as you enter the city walls. We'll take a guided tour of the city later this afternoon and learn about the Palio, the horse race that takes place twice a year in the main square.

### DAY 6

**Distance** 57 km (36 mi)

**Gain** 941 m (3086 ft)

**Terrain** Rolling hills

**Level** >>>>>

**Meals** Breakfast

**Lodging**  Hotel Santa Caterina



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### Rest day in Siena

**Highlights** Siena, alternative ride to Castello de Brolio

You have the option today to take a rest from the bike and enjoy some sightseeing in Siena or join us on a loop ride into the Chianti hills. Not far from Siena is the famous Castle of Brolio or, "il Castello di Brolio." Brolio is the estate where the blend of wines that today make up Chianti was invented. This famous Tuscan wine is a blend of 70% Sangiovese, 20% Canaiolo and 10% Malvasia or Trebbiano wines. We'll be back to Siena in time for you to enjoy gelato or an aperitivo on your own in Piazza del Campo, before dinner together.

### DAY 7

**Distance** 48 km (30 mi)

**Gain** 896 m (2939 ft)

**Terrain** Hilly

**Level** >>>>>

**Meals** Breakfast, Dinner

**Lodging** 🏨 [Hotel Santa Caterina](#)

### Bicycle from Siena to the famous medieval town of San

#### Gimignano

**Highlights** San Gimignano, the town of towers

Your bike ride today takes you into the heart of Tuscany. You will pedal past vineyards, 17th century villas, and small towns on our way to San Gimignano, one of the best-preserved medieval villages in Italy and designated a UNESCO World Heritage Site. San Gimignano is famous for its many towers, remnants of the 13th and 14th centuries (there was once more than 100 in the village). We'll have dinner tonight at one of our favorite restaurants.

### DAY 8

**Distance** 68 km (42 mi)

**Gain** 1104 m (3621 ft)

**Terrain** Very Hilly

**Level** >>>>>

**Meals** Breakfast, Dinner

**Lodging** 🏨 [Hotel Leon Bianco](#)

### Loop ride to Volterra

**Highlights** Bicycling to Etruscan town of Volterra

You'll be San Gimignano again tonight and we've planned a loop ride to Volterra, one of most important Etruscan towns in Italy. Those who wish can continue pedaling to explore the rugged hills of southern Tuscany while the rest of us go to Volterra for some sightseeing. Ancient history fans will want to visit the Etruscan museum and both the Etruscan and Roman ruins on your own this afternoon.

### DAY 9

**Distance** 62 km (39 mi)

**Gain** 1306 m (4284 ft)

**Terrain** Hilly

**Level** >>>>>

**Meals** Breakfast

**Lodging** 🏨 [Hotel Leon Bianco](#)



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### Bicycle from San Gimignano to Radda in Chianti

**Highlights** Castellina in Chianti, wine tasting, the Chianti wine region

Your ride today takes you into the heart of Tuscany's famous Chianti region. You'll be in Radda in Chianti this evening and on the way there we will stop for a stroll in Castellina in Chianti. Radda is a gem of a small town and historically it was an important junction for traveler's heading north and south from Florence to Siena. We'll enjoy a wine tasting together.

### DAY 10

**Distance** 49 km (31 mi)

**Gain** 842 m (2762 ft)

**Terrain** Hilly

**Level** >>>>>

**Meals** Breakfast

**Lodging** 🏠 Palazzo Leopoldo

### Loop ride in the Chianti Wine Region

**Highlights** Gaiole, the Chianti Hills, Radda in Chianti

Your last day of cycling in the Chianti hills is a loop packed with enchanting sights. Every turn rewards you with stunning vistas over immaculate Chianti vineyards, olive groves, and dense forests. It's a short ride so take your time and explore the picturesque little villages and hamlets like Gaiole, Vertine, and Lecchi. Experience medieval life at the Spaltenna Castle and the Coltibuono Abbey. Or simply take it easy discovering every nook and cranny of charming Radda in Chianti. We'll enjoy a celebratory dinner together this evening.

### DAY 11

**Distance** 44 km (28 mi)

**Gain** 1015 m (3329 ft)

**Terrain** Very Hilly

**Level** >>>>>

**Meals** Breakfast, Dinner

**Lodging** 🏠 Palazzo Leopoldo

### We'll transfer you to the train station in Florence

**Highlights** Florence

After breakfast we'll shuttle you to Florence's S.M. Novella train station in the center of town (arrival by around 11 a.m.), and from there you can take a taxi or use public transportation to continue your exploration of Italy. First on the list should be a visit Michelangelo's David at the Accademia, Botticelli's Birth of Venus and the other masterpieces of the Uffizi Gallery. Make sure to book your museum visits in advance.

### DAY 12

**Meals** Breakfast

**INCLUDED**

**WHAT'S INCLUDED**

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include the three most important aspects of a guided bike tour.

- Superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling. More details on our [bikes page](#).
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel.

**PRE-TRIP SUPPORT**

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our [Travel Planning Pages](#).
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing ExperiencePlus!
- \*Traveler services including assistance booking extra nights at the tour starting and ending hotels. (\*Not included on Explorer Tours.)

**ON TOUR**

- See "What's Included" on your tour Itinerary for tour-specific inclusions.

**BICYCLES**

For a full list of what's included with your bike see [Our Bikes page](#). If you would like to bring your own pedals and shoes we recommend doing so. On Explorer tours we include a GPS device on all bikes. We ask that you bring your own helmet to ensure the best fit. Please ask if you would like us to provide you with a gently used helmet and we will do so.

**NAVIGATING, DAYSHEETS AND VAN SUPPORT:**

Each day you'll receive a daily briefing with a highlighted route map and daysheet (print or digital) that includes information on the day's activities, meals and ride. Daily information also includes Tour Leader phone numbers, hotel information and interesting historical and cultural information.

You'll receive a highlighted route map each day or a briefing with the GPS tracks. On Classic, Bike and Boat, Spotlight and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

Before each tour we offer the opportunity to download GPS tracks of most tour routes to your personal GPS device or smartphone using RideWithGPS.com. We do not provide GPS tracks for tours in South America.

On tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths.

**Need More Miles?** On many days it is possible to add miles to the day, just talk to your tour leader about your options.

**Need Fewer Miles?** If you aren't sure about your abilities or how much you want to ride remember the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. You are on vacation and we're here to help make it perfect for you.

**TIPPING YOUR TOUR LEADER TEAM:**

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5% of the tour cost per traveler – this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. \*Tips are included in Expedition pricing.

**PHOTOS:**

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or taken by our guides or travelers free of charge and without your right to inspection. If you do not want us to use any images of you on tour, you must inform your tour leader in writing at the start of the tour.

**STYLES** **OUR TOUR STYLES**

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers. No matter what you are looking for in a cycling vacation, we have a tour with just the right pace for you.

**Classic Tours:** Dream of traveling through a region by bike? then our Classic style bike tours are for you! Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars, most itineraries include at least one two-night stay at the same hotel.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4.5

**Explorer Tours:** Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars, occasional multi-night stays at the same hotel.
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation: Group riding and GPS
- Price: \$\$
- Tour Levels: 1-4

**Spotlight Tours:** Multi-nights stays, loop rides, choose from a selection of activities or enjoy hotel amenities during your free time.

- Tour Length: 6-7 days
- Hotels: 3-5 stars, typically 3-nights spent in one hotel and 2-nights in the other.
- Road Type: Pavement
- Multi-night Stays: Min 2 night stays
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4

**Bike and Boat Tours:** Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip.
- Road Type: Pavement
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4

**Expedition Tours:** Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars, typically there is a 2-night hotel stay every 5-7 days.
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 4-5

**LEVELS**

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

**LEVEL 1 - 1.5**

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

**LEVEL 2 - 2.5**

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

**LEVEL 3 - 3.5**

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

**LEVEL 4 - 4.5**

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 - 6% grades for 6 kilometers or more.

**LEVEL 5 (EXPEDITIONPLUS!)**

Our ExpeditionPlus! tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

**REMEMBER**

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

## CHECKLIST

### TO DO ONCE YOU'VE BOOKED!

- Read through your Reservation Confirmation (link sent to you by e-mail), it has important information to help you plan your trip!
- Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- Complete the Customer Information Form: <https://www.experienceplus.com/blog/travel-planning/customer-information-form/>
- We recommend you take out travel insurance. Find details at <https://www.experienceplus.com/blog/travel-planning/travel-insurance/>
- Choose a bicycle training program: <https://www.experienceplus.com/blog/travel-planning/bicycle-tour-training/>
- Peruse our country-specific Travel Planning Pages: <https://www.experienceplus.com/blog/travel-planning/>

### 6 TO 3 MONTHS PRIOR TO TOUR START DATE

- Review the arrival and departure information under the "Travel Information" tab to see meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, and other important information to help you plan your arrival and departure.
- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- Book your pre and post-tour hotel nights.
- Begin your chosen training program
- Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Deposit Payment Invoice and the Final Payment Reminder e-mail you have received for detailed instructions.

### 6 TO 2 WEEKS PRIOR TO TOUR START DATE

- Start reading one of the books or watching one of the movies from our Reading and Movie Lists: <https://www.experienceplus.com/blog/travel-planning/>.
- Plan what you are going to pack and start packing! Refer to the Packing Lists on our website at <https://www.experienceplus.com/blog/travel-planning/packing/>
- We'll email your Hotel Itinerary, the Participant Roster, names and contact information of your Tour Leaders and other important departure information about 2 weeks prior to your tour start date.

### DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!