

Bicycle Tours in USA: Sonoma Bike Tour (TourzPlus)

OVERVIEW

Get acquainted with Northern California's Wine Country and the Pacific Coast on our six-stage Sonoma Bike Tour that even the pros would envy. We'll expose you to valleys of world-famous vineyards, forests of massive redwoods, perfect pastoral landscapes and the captivating California Coast. We spend the entire week in Sonoma, the neighboring county just to the west of Napa Valley. Sonoma's roads are exceptional for cycling accommodating a range of abilities. Our Sonoma Bike Tour has been designed to offer a comprehensive cycling experience within California's celebrated Wine Country.


Learn more about what is included and what to expect on your TourzPlus tour at the [TourzPlus Tour Style](#) page.

HIGHLIGHTS

Enjoy carefully curated bike routes including King Ridge and Coleman Valley Road, sleep in style at three of our favorite hotels in Sonoma, savor some exceptional farm-to-table meals and sample local wines, experience a range of scenery from vineyards to Pacific Ocean vistas with rides among redwoods and along mountain ridges.

TOUR FACTS

Tour Style	 TourzPlus: Learn more about our TourzPlus tours at https://www.experienceplus.com/tours/bike-tour-styles/tourzplus-tours
Includes	5 nights lodging, double occupancy; meals as noted in itinerary; non-optional activities as outlined in itinerary; ride-friendly snacks and beverages throughout each day; hybrid or alloy road bike rental – carbon road bike or E-bike available for an upgrade fee (\$100 for carbon; \$200-300 for e-bike); professional trip leader(s); van support & portering service; reusable water bottle, wool socks & luggage tags.
Countries	USA
Begin/End	San Francisco / Bodega Bay
Arrive/Depart	San Francisco International Airport (SFO)
Total Distance	465 km (289 miles)
Avg. Daily Distance	78 km (48 miles) per riding day
Tour Level	 Terrain is rolling to hilly. Level is novice to advanced.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the  [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/guided-bike-tours/usa/sonoma-BSA>

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DATES & PRICES

Dates	Price	Single Supplement*
☞ Jun 13-18, 2021	☞ USD\$2795	☞ USD\$895
☞ Aug 8-13, 2021	☞ USD\$2795	☞ USD\$895
☞ Sep 12-17, 2021	☞ USD\$2795	☞ USD\$895
☞ Oct 3-8, 2021	☞ USD\$2795	☞ USD\$895

*We are happy to match solo travelers who would like to share a room with someone of the same gender. If no match exists, due to hotel pricing, we will charge 50% of the single supplement rate. This fee will be collected at the time of the final payment. If a roommate assignment is available this fee will be refunded at the conclusion of the tour.

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	85km (53mi)			
2	100km (62mi)			
3	98km (61mi)			
4	66km (41mi)			
5	79km (49mi)			
6	37km (23mi)			

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Meet San Francisco

Highlights Ride Petaluma to Healdsburg

Meet in San Francisco and we will shuttle you the rest of the way to our starting location for our Sonoma bike tour. Once in Petaluma, after introductions and a brief orientation meeting, you'll bike through rolling oak and grassy terrain, then continue through the Russian River wine growing regions into Healdsburg. Tonight's team dinner is at Spoonbar Restaurant for "some of the most satisfying and modern food in Sonoma County". Sleep well in our lodging for the next 2 nights at the h2hotel Healdsburg.

DAY 1: Sun, Aug 9th

Distance 85 km (53 mi)

Gain 793 m (2600 ft)

Meals Dinner

Lodging  h2hotel

Dry Creek & Chalk Hill

Highlights Loop ride, winery visit

We offer up a route today that is pure perfection, starting and ending in Healdsburg. Some of the nation's best-rated wineries are on this route, but we'll prove to you that it's the cycling that truly makes this region iconic. Beginning in the heart of the Dry Creek Valley, we'll traverse east into the awaiting embrace of Alexander Valley, full of wineries and butted-up against volcanic mountains. Then it's an honest climb up and over Chalk Hill, known for its excellent grape growing conditions, which delivers us along the edge of the Russian River Valley. Treat yourself to splendid vistas of vineyards and the surrounding mountains throughout the day. This afternoon, it's time to sample what we've been seeing, so we'll take the opportunity to visit a guide-favorite winery and explore the Sonoma varietals that put this region on the map. An extended Bighorn Ride tackles an additional loop in Dry Creek before heading back to Healdsburg to enjoy the rest of the day in town.

DAY 2: Mon, Aug 10th

Distance 100 km (62 mi)

Gain 823 m (2700 ft)

Meals Breakfast, Lunch

Lodging  h2hotel

Healdsburg to Timber Cove

Highlights King Ridge Road, Armstrong Redwoods State Park

Today we leave the vineyards behind us as we ride through the redwoods of the Russian River to the tiny bohemian town of Cazadero. From there, we have a significant ride up King Ridge Road, one of the greatest cycling routes anywhere. It climbs steeply through a dense redwood forest, emerging into sunlight and grassy meadows of the coast range. Ride from hotel to hotel with the Bighorn option, or shuttle the first 25 miles and take time to visit the Armstrong Redwoods State Park before hopping on the bike. King Ridge undulates along the crest of this coastal range before plummeting through the redwoods back to the sea. Our lodging and team dinner tonight are at Timber Cove, a quiet and calming resort with amazing views of the Pacific.

DAY 3: Tue, Aug 11th

Distance 98 km (61 mi)

Gain 1402 m (4600 ft)

Meals Breakfast, Dinner

Lodging  Timber Cove Resort

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Timber Cove to Bodega Bay

Highlights Scenic roads along the Pacific Coast

Enjoy the morning with a leisurely breakfast after yesterday's big effort. Today's ride will hug the Pacific Coast along Highway One, arguably one of the most scenic roads you'll ever experience. There is very little development on this section so the traffic is minimal as the road twists and turns along this rugged and unspoiled section of the Pacific's edge. The sound of waves crashing below will carry you south to the Bodega Bay Lodge and Spa, our home for the next two nights. Here you can enjoy the views of the bay from your patio, or better yet, unwind with a massage. Dinner tonight is at the hotel's restaurant, Drakes Sonoma Coast Kitchen.

DAY 4: Wed, Aug 12th

Distance 66 km (41 mi)

Gain 854 m (2800 ft)

Meals Breakfast, Dinner

Lodging  Bodega Bay Lodge

Occidental Loop

Highlights Wine tasting, final dinner

Roll out south from Bodega Bay along Highway One for several more miles to the town of Freestone and home to one of the best bakeries we've visited. Grab a snack and enjoy that espresso, then it's through the redwoods again to the bohemian town of Occidental. Here, you can opt for our Bighorn Ride extension along the Bohemian Highway to the town of Guerneville and back along rolling country roads to Occidental before rejoining the main route. Round out the circuit with an ascent of Coleman Valley Road, a challenging climb featured in the Amgen Tour of California professional stage race. Later this afternoon, we thought you might enjoy a toast to a week of rock-solid riding, so we've arranged a tasting at another Sonoma standout winery to raise a glass and cheers your friends, both old and new. The final group dinner this evening is at the nearby award-winning restaurant, Terrapin Creek Cafe.

DAY 5: Thu, Aug 13th

Distance 79 km (49 mi)

Gain 1159 m (3800 ft)

Meals Breakfast, Dinner

Lodging  Bodega Bay Lodge

Last Coastal Ride

Highlights Depart San Francisco

Spin out the legs on a loop ride in Sonoma's golden farmland. Coastal views and rolling hills are the highlight for this morning's final cool down. After returning to Bodega Bay Lodge, you'll have time to clean up and check out, and we'll transfer you back to San Francisco where we will say goodbye and you can continue your adventure as you please!

DAY 6: Fri, Aug 14th

Distance 37 km (23 mi)

Gain 579 m (1900 ft)

Meals Breakfast