Bicycle Tours in Italy: Cycling Puglia's White Villages Plus! the Salento

OVERVIEW

Beautifully situated on the Adriatic Coast between the spur and heel of Italy's "boot" lies Puglia. Nestled against the brilliant blue of the Mediterranean ancient Greek and Italian cultures mingle among hillside vineyards, olive groves, and whitewashed villages. Join us as we begin our bicycling journey in Matera, a world renowned UNESCO World Heritage Site, where dwellings carved into limestone caves create an enchanted and ancient stone city. We'll pedal east toward Alberobello, another UNESCO World Heritage Site, through a landscape filled with unique conical shaped dwellings known as trulli. Continue to the striking "Città Bianca" or "White City" of Ostuni before heading south to Grottaglie, famed for its ceramics, and the important coastal towns of Gallipoli and Otranto where you'll revel in impromptu stops at some of the beautiful beaches that attract visitors from all over Italy. Our final stop brings us back inland to Lecce, the baroque Florence of Southern Italy where palatial streets welcome us. Along the way you'll enjoy meals prepared with Italian, Greek, and Middle Eastern influences and discover the warmth and hospitality of Southern Italy's friendliest people.

If this sounds great but you prefer a shorter ride check out the 7-day Cycling Puglia's White Villages.

HIGHLIGHTS

UNESCO World Heritage Sites - Sassi of Matera and trulli of Alberobello, White city of Ostuni, Cheese tasting, Locorotondo, Ancient olive mill visit, Via Traiana, Otranto, Lecce - the baroque Florence of Southern Italy, The tip of the heel of Italy's boot, Grottaglie and its ceramics

TOUR FACTS

Tour Style	Classic: Learn more about our Classic tours at https://www.experienceplus.com/choosing-the-best-tour/styles/classic
Includes	11 days, 10 nights accommodation; meals as noted in itinerary; guided visit of Matera; guided visit of Alberobello; 1 cheese tasting; and olive mill visit
Countries	Italy
Begin/End	Matera / Lecce
Arrive/Depart	Bari (BRI) or Brindisi Airport (BDS)
Total Distance	422 km (260 miles)
Avg. Daily Distance	47 km (29 miles) per riding day
Tour Level	
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. There is a van shuttle on Day 3 and 7.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the online itinerary for the most up-to-date trip information including arrival and departure tips before you depart for your trip:
https://www.experienceplus.com/bike-tours/italy/puglia/puglia-white-villages-salento

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DATES & PRICES

Dates	Price	Single Supplement*
May 05, 2024	USD$5850	USD$650
Sep 22, 2024	USD$5850	USD$650
Sep 29, 2024	USD$5850	USD$650
Apr 20, 2025	USD$6250	USD$650
May 04, 2025	USD$6250	USD$650
Sep 07, 2025	USD$6250	USD$650
Sep 21, 2025	USD$6250	USD$650
Sep 28, 2025	USD$6250	USD$650

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	41km / 315m (26mi / 1033ft)	Hilly		
3	47km / 370m (29mi / 1214ft)	Gentle		
4	45km / 435m (28mi / 1427ft)	Rolling hills		Today's ride is an optional loop ride
5	38km / 382m (24mi / 1253ft)	Hilly		
6	42km / 361m (26mi / 1184ft)	Rolling hills		Today's ride is an optional loop ride
7	38km / 374m (24mi / 1227ft)	Rolling hills		
8	61km / 450m (38mi / 1476ft)	Gentle		
9	56km / 582m (35mi / 1909ft)	Rolling hills		
10	54km / 312m (34mi / 1023ft)	Gentle		
11	Last Day			

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ARRIVAL INFO

Meeting time 2 p.m. - on Day 1, meet your fellow cyclists and Tour Leaders at the Day 1 Hotel specified on the itinerary.

Note: As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, check with us if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like Rome2Rio. The fare and timing information listed below is approximate.

Airports: We suggest flying into the Bari Karol Wojtyla Airport, also called Bari Palese (BRI).

Getting from Bari airport to the Day 1 hotel:

1. Puglia Air Bus from Bari airport to Matera. Choose "Bari Aeroporto" as the departure station and "Matera, Viale A. Moro fronte 'Pianeta Casa'" as the arrival station (1 hour 15 min/EUR 3-6).
2. Walk 8 minutes or taxi* from Matera Bus Station to the Day 1 hotel (10 min/EUR 10-15).

Private transfers: If you wish you can book a private transfer from the Bari airport to the Day 1 Hotel, you may book with Autonoleggio Castellano - (1 hour 15 min/fares depending on number of passengers, starting at EUR 70)

***Note:** There is a taxi operator on the square where the bus drops off but the office might not be attended continuously. If the walk is not an option for you, and you have a reliable arrival time, we will gladly pre-arrange a pick-up for you (around EUR 20). Do note that the taxi will need to circumvent the old town, so it won't be as direct as walking.

DEPARTURE INFO

Your trip ends on the final day after breakfast.

The below information will help you plan your departure. For more tips or other routes, you might like Rome2Rio.

Airports: We recommend flying out of the Brindisi-Salento Airport (BDS). You can also fly out of the Bari Wojtyla Airport (BRI).

Getting from the tour end to the Brindisi-Salento Airport:

1. Taxi to the bus terminal (10 min/EUR 10)
2. Airport Bus to the Brindisi-Salento Airport (45 min/EUR 7.50)

Or

- Taxi from the ending hotel to the Brindisi Airport (40 min/EUR 90); You can arrange this at the hotel's front desk the day prior to your departure.

Getting from the tour end to the Bari Airport:

- Taxi from the ending hotel to the Bari Airport (2 hours/EUR 160/2 persons); You can arrange this at the

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hotel's front desk the day prior to your departure.

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Welcome to Matera

DAY 1: Sun, May 7th

Highlights Welcome drink, bike fitting, dinner in the "Sassi" of Matera

Arrive in Matera, unique in all of Italy for the cave dwellings that ring the central city. Inhabited by refugee clerics and monks from Greece and the Balkans during the 8th and 9th centuries, the cave churches and domestic dwellings carved into the town's calcarenite or semi-sandstone cliffs at one time housed as many as 25,000 people. Today, the churches and caves are preserved as a World Heritage Site as being the "most outstanding, intact example of a cave-dwelling settlement in the Mediterranean." Settle into our hotel and enjoy our welcome dinner after fitting bikes.

Level
Meals Dinner
Lodging Hotel San Domenico

Matera

DAY 2: Mon, May 8th

Highlights Guided walk of the Matera's "sassi", Appian Way

We'll start the morning with a loop ride exploring Matera's surroundings. Sights along the way include the fortified Massaria Jesce, which was an ancient Roman "post office" on the Appian Way - one of the most important Roman Roads. We'll also visit the cave crypt of San Michele Arcangelo with frescoes dating to the 14th century. This afternoon features a guided walk exploring Matera's history including a typical sassi, a cave dwelling house. Fodor's has described the sassi as "one of the most unique landscapes in Europe," on this tour we'll gain a better understanding for the living conditions of what is believed to be one of the first human settlements in Italy.

Distance 41 km (26 mi)
Gain 315 m (1033 ft)
Terrain Hilly
Level
Meals Breakfast
Lodging Hotel San Domenico

Locorotondo

DAY 3: Tue, May 9th

Highlights Gioia del Colle, Trulli, vineyards, Locorotondo

Today we shuttle from Matera to Gioia del Colle, famous for one of Frederic II castles. Start cycling and enjoy this ride through olive groves and vineyards on the way to the "Valle d'Itria" which is the heart of Puglia's trulli region. Trulli are conical shaped dwellings unique to this part of Italy. Originally used as storage sheds for farmers, they quickly became popular as temporary shelters. Our destination is the small but vibrant town of Locorotondo which we'll call home for the next two nights. This afternoon get lost in the whitewashed maze of lanes and historic buildings towering over them.

Distance 47 km (29 mi)
Gain 370 m (1214 ft)
Terrain Gentle
Level
Meals Breakfast, Lunch, Dinner
Lodging Hotel Leonardo Trulli Resort

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Loop ride to Alberobello

DAY 4: Wed, May 10th

Highlights Guided tour of Alberobello and trulli, cheese tasting

We'll pedal to the iconic "trulli" town of Alberobello where we'll have a guided tour to learn more about these conical shaped buildings and the people who built them. Take time to explore this unique town and have lunch on your own before getting back on the bike and heading back to Locorotondo. Before dinner together, we'll learn more about and sample the fresh mozzarella, burrata and stracciatella for which Puglia is renowned.

Distance 45 km (28 mi)
Gain 435 m (1427 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Hotel Leonardo Trulli Resort

Bicycle to Ostuni

DAY 5: Thu, May 11th

Highlights Ostuni - La cittá bianca

Our ride today will take you first through vineyards and olive groves to the whitewashed town of Ostuni. Our hotel is located in the center of this amazing village which spans three hilltops and is crowned by a Gothic cathedral. Destroyed by Hannibal during the Punic Wars in 1st and 2nd Centuries BC, Ostuni was rebuilt by the Greeks and takes its name from them as “Astu néon or "new town". Rebuilt by the Normans in the 10th Century, Ostuni then flourished during the Italian Renaissance under Duchess Isabella of Bari. This is an imposing and beautiful city from afar and within.

Distance 38 km (24 mi)
Gain 382 m (1253 ft)
Terrain Hilly
Level
Meals Breakfast
Lodging Ostuni Palace

Loop ride through the Valle d'Itria

DAY 6: Fri, May 12th

Highlights Ancient olive mill, the beach, Carovigno

We'll take a loop ride from our hotel today through the Valle d'Itria. The first stop will be to visit an underground olive press dating to pre-Roman times and used until the 19th C. Our ride continues on the Via Appia Traiana just before reaching the Adriatic Coast. Built by order of the Roman Emperor Traiano in the 2nd century A.D., the Via Traiana connected Rome to Brindisi, one of the most important ports for commerce with the Middle East. We’ll parallel the coast today with a possible dip at a local beach before continuing to the medieval town of Carovigno and back to our hotel.

Distance 42 km (26 mi)
Gain 361 m (1184 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Ostuni Palace

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Gallipoli

DAY 7: Sat, May 13th

Highlights Ceramics of Grottaglie, Ionian Coast, ancient Gallipoli

It's a relaxing and pleasant ride this morning to Grottaglie, Puglia's most famous pottery town. Be sure to visit one of the many local studios and learn about their painting and firing techniques. The abundant clay in this area, has long been an economic driver for the town. During the 18th century, there were over 42 ceramic related companies in Grottaglie which employed more than 5,000 people. Once your pottery curiosity has been satisfied, we'll have lunch together in a typical osteria in Grottaglie before shuttling to the coastal town of Gallipoli. Our hotel is located near the heart of old Gallipoli, a small island connected to the mainland by a bridge.

Distance 38 km (24 mi)
Gain 374 m (1227 ft)
Terrain Rolling hills
Level
Meals Breakfast, Lunch
Lodging Hotel Palazzo del Corso
Relais Corte Palmieri

Santa Maria di Leuca

DAY 8: Sun, May 14th

Highlights Scenic beaches, coastal towers

We'll leave the small island city of Gallipoli to pedal along the Gulf of Taranto, the largest gulf in the Ionian Sea. Our ride today explores the Salento, home to a wide variety of beautiful beaches including the "Salento Maldives" which resembles the tropical islands so much they've been named after them. We encourage you to stop and take a swim along the way! Our lodging tonight is in Santa Maria di Leuca, the town at the very bottom of the "heel" of Italy.

Distance 61 km (38 mi)
Gain 450 m (1476 ft)
Terrain Gentle
Level
Meals Breakfast, Dinner
Lodging Hotel L'Approdo

Otranto

DAY 9: Mon, May 15th

Highlights Riding along the Adriatic Coast, and between ancient fortresses and guard towers, Otranto

Upon leaving the small town of Leuca, you can continue south to land's end and the sanctuary Santa Maria di Leuca, or start your journey north. Our route to Otranto is along the jagged coast, dotted with karstic caves and ancient defense towers or castles. Arrive in Otranto, historically one of the most important trading cities in Puglia. Enjoy the seafront promenade and the city perched on the waterfront.

Distance 56 km (35 mi)
Gain 582 m (1909 ft)
Terrain Rolling hills
Level
Meals Breakfast
Lodging Hotel Otranto Corte Di Nettuno

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Lecce

DAY 10: Tue, May 16th

Distance 54 km (34 mi)
Gain 312 m (1023 ft)
Terrain Gentle
Level
Meals Breakfast, Dinner
Lodging Suite Hotel Santa Chiara Lecce
Pollicastro Boutique Hotel

Highlights Lecce, nature reserve

Continue pedaling north along the coast in between defense towers and scenic cliffs. Our route also includes a car-free section through a nature reserve before turning inland to reach our final destination, arguably Puglia's most beautiful city - Lecce. Also known as the baroque Florence of Southern Italy, Lecce's pink sandstone buildings and pedestrian city center make for an inviting afternoon of exploration. This evening, we'll celebrate the end of our journey with a farewell dinner. The Sept 29 Departure will stay at Pollicastro Boutique Hotel.

Lecce

DAY 11: Wed, May 17th

Meals Breakfast

Highlights Buon viaggio!

We'll say good-bye after breakfast today. Spend an extra day exploring Lecce, or just enjoy some R&R back on the coast. Whatever you decide, thanks for cycling Puglia with us.

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INCLUDED

WHAT'S INCLUDED

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: https://www.experienceplus.com/travel-planning/
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see: https://www.experienceplus.com/what-to-expect/our-bikes/. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

Need Fewer Miles? On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. *Tips are included in Expedition pricing and not expected on self-guided tours.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

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STYLES

OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

Classic Tours: Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: $$$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: $$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support:2 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 4-5

Self-guided Tours: perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: $
- Tour Levels: 1-4

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LEVELS

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

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CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- ☐ Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- ☐ Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- ☐ Complete the Customer Information Form: https://www.experienceplus.com/travel-planning/customer-information-form/
- ☐ We recommend you take out travel insurance. Find details at https://www.experienceplus.com/travel-planning/travel-insurance/
- ☐ Choose a bicycle training program: https://www.experienceplus.com/travel-planning/bicycle-tour-training/
- ☐ Peruse our country-specific Travel Planning Pages: https://www.experienceplus.com/travel-planning/

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- ☐ Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- ☐ Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- ☐ Book your pre and post-tour hotel nights.
- ☐ Begin your chosen training program
- ☐ Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- ☐ Start reading one of the books or watching one of the movies from our Reading and Movie Lists: https://www.experienceplus.com/travel-planning/.
- ☐ Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at https://www.experienceplus.com/travel-planning/packing/.
- ☐ We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!

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