

Bicycle Tours in France: Cycling Champagne and Burgundy

OVERVIEW

Experience France's legendary landscapes as you cycle a route steeped in history, and wine! Bicycle along quiet roads and bike paths through Champagne and Burgundy wine regions and the Morvan Natural Park. This bicycling tour will delight your senses and your taste buds! while taking you to some of the most iconic cities of France.

Extend this trip 3 days with our [Cycling Champagne, Burgundy Plus! the Côte d'Or](#)

HIGHLIGHTS

Reims - capital of champagne wine, Dijon - Capital of Burgundy wine, champagne tasting and tour, Parc Naturel Regional du Morvan, guided visit of Semur-en-Auxois, Châteauneuf and its castle

TOUR FACTS

Tour Style	■ Classic: Learn more about our Classic tours at https://www.experienceplus.com/choosing-the-best-tour/styles/classic
Includes	7 nights accommodation, meals as noted in itinerary, champagne tasting, Guided visit of Semur en Auxois
Countries	France
Begin/End	Reims / Dijon
Arrive/Depart	Paris (CDG)
Total Distance	340 km (213 miles)
Avg. Daily Distance	57 km (35 miles) per riding day
Tour Level	▶▶▶▶▶

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the ■ [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/bike-tours/france/champagne-and-burgundy/france-bicycling-champagne-burgundy>

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DATES & PRICES

Dates	Price	Single Supplement*
Jun 10, 2024	USD\$4995	USD\$550
Sep 16, 2024	USD\$4995	USD\$550
Jun 09, 2025	USD\$5150	USD\$550
Sep 15, 2025	USD\$5150	USD\$550

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	63km / 600m (39mi / 1968ft)	Rolling hills	▶▶▶▶▶	
3	77km / 660m (48mi / 2165ft)	Hilly	▶▶▶▶▶	
4	39km / 675m (24mi / 2214ft)	Hilly	▶▶▶▶▶	
5	53km / 779m (33mi / 2555ft)	Hilly	▶▶▶▶▶	Today's ride is an optional loop ride
6	58km / 653m (36mi / 2142ft)	Hilly	▶▶▶▶▶	
7	50km / 207m (31mi / 679ft)	Gentle	▶▶▶▶▶	
8	Last Day			

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ARRIVAL INFO

Meeting time 2 p.m. - on Day 1, meet your fellow cyclists and Tour Leaders at the Day 1 Hotel specified on the itinerary.

Note: As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, [check with us](#) if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like [Rome2Rio](#). The fare and timing information listed below is approximate.

Airport: We suggest flying into the Paris Charles de Gaulle Airport (CDG).

Getting from the Charles de Gaulle airport to the tour start in Reims

1. Airport Shuttle to the Aéroport CDG 2 TGV Train Station (located beneath the airport) (10 min/no cost)
2. Train from Paris Roissy Charles de Gaulle Airport to Reims Ville (1 hour/fares vary)
3. Taxi or [walk](#) to the Day 1 Hotel (5 min/EUR 10)

Look up French train schedules and book tickets, if necessary, [SNCF](#) or [Trainline](#). Questions? See [information on taking trains in Europe](#) or [ask us](#).

DEPARTURE INFO

Your trip ends on the final day after breakfast.

The below information will help you plan your departure. For more tips or other routes, you might like [Rome2Rio](#).

Airports: We suggest flying out of Paris Charles de Gaulle (CDG). Lyon (LYS) is also an option, about 2.5 hours away.

Getting from the tour end to the Charles de Gaulle airport:

1. Taxi from the ending hotel to the Dijon train station (10 min/EUR 15-20)
2. Train from Dijon to Paris Roissy Charles de Gaulle Airport (2.5-3.5 hours/fares vary)

Look up French train schedules and book tickets, if necessary, [SNCF](#) or [Trainline](#). Questions? See [information on taking trains in Europe](#) or [ask us](#).

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Welcome to Reims

Highlights Champagne, Notre Dame de Reims

Reims is not only the capital of the Champagne region, but also home to the cathedral where the Kings of France were crowned since 987 A.D. Come early to explore the incredible cathedral and taste champagne from the many Maisons de Champagne. We'll meet this afternoon for a bike fitting and a quick spin along Reims' scenic canal. This evening join us to toast the start of our trip together with champagne of course!

Loop ride from Reims

Highlights Bike paths; champagne tasting

We leave Reims on a bike path this morning pedaling over rolling hills and through vineyards overlooking forests. The Montagne de Reims, where many of the Pinot Noir grapes are grown, is also home to an extensive national park. This evening we'll be back in Reims where we'll visit a famous champagne producer and enjoy a tasting.

Reims to Châlons-en-Champagne

Highlights Dom Perignon's stomping grounds, Châlons-en-Champagne

This morning we'll bicycle to the legendary birthplace of champagne. Dom Perignon was a Benedictine monk here in the 17th Century and made important advancements in wine making. Did he invent sparkling wine? Well that depends on who you ask. Our scenic route crosses through Hautvillers where he lived and worked, then joins up with the Canal latéral à la Marne into lovely Châlons en Champagne. This charming town will surprise you with its medieval and Gothic churches and half-timber houses from centuries past.

DAY 1: Sun, Sep 8th

Meals Dinner

Lodging  Hotel Continental a la Reims

DAY 2: Mon, Sep 9th

Distance 63 km (39 mi)

Gain 600 m (1968 ft)

Terrain Rolling hills

Level 

Meals Breakfast

Lodging  Hotel Continental a la Reims

DAY 3: Tue, Sep 10th

Distance 77 km (48 mi)

Gain 660 m (2165 ft)

Terrain Hilly

Level 

Meals Breakfast, Dinner

Lodging  Hôtel Pasteur

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Shuttle to Semur-en-Auxois ride to Saulieu

Highlights Burgundy

Today we enter Burgundy. But before we get to the famous wine regions, we'll pedal through the western countryside, known for its down-to-earth people and natural beauty. After breakfast, we'll shuttle to Semur-en-Auxois. Semur is a charming town overlooking the Armonçon river. Explore the town and lunch before starting our ride through forests and tiny villages to Saulieu.

DAY 4: Wed, Sep 11th

Distance 39 km (24 mi)

Gain 675 m (2214 ft)

Terrain Hilly

Level 

Meals Breakfast, Dinner

Lodging  [Hostellerie de la Tour d'Auxois](#)

Saulieu Loop

Highlights Parc Naturel Régional du Morvan

We'll be in Saulieu again tonight, so treat yourself to a rest day at the spa across the street and/or ride into the lake region of the Morvan Natural Park. Today's loop follows tiny roads through pastures, Christmas tree farms, and authentic villages to the center of the Morvan Natural Park. The visitors center offers a scenic walk around the lake, gardens, and insight into the French Resistance, which was strong in this area.

DAY 5: Thu, Sep 12th

Distance 53 km (33 mi)

Gain 779 m (2555 ft)

Terrain Hilly

Level 

Meals Breakfast

Lodging  [Hostellerie de la Tour d'Auxois](#)

Saulieu to Sainte Sabine

Highlights Chateâuneuf and its castle

We leave the Morvan Park today for a day filled with castles. Commarin Castle's roots go back to the 13th Century and the castle's architecture reflects the stylistic changes over the centuries. The town of Chateâuneuf is one of the loveliest you'll ever visit, and its imposing medieval castle is worth a visit. This evening we'll spend the night in the third castle of the day in the tiny village of Sainte Sabine. Take a splash in the pool and enjoy the surrounding park before a special dinner prepared by an award-winning chef.

DAY 6: Fri, Sep 13th

Distance 58 km (36 mi)

Gain 653 m (2142 ft)

Terrain Hilly

Level 

Meals Breakfast, Dinner

Lodging  [Château Sainte Sabine](#)

Bicycle Tours in France: Cycling Champagne and Burgundy**Sainte Sabine to Dijon****Highlights** Burgundy Canal, Dijon

We pedal along the famous Canal de Bourgogne (Burgundy Canal) this morning to Dijon, another capital of an equally famous and delicious wine; Burgundy. Made with similar grapes as champagne, for many, Burgundy is the epitome of Pinot Noir and Chardonnay country. Dijon was also home to the Dukes of Burgundy. Burgundy was a powerful country in its own right until it was annexed by France in 1477. Take your time getting here, or plan to arrive in time for lunch at one of Dijon's wide array of cafés and restaurants. Start exploring Dijon this afternoon and we'll enjoy dinner together this evening.

DAY 7: Sat, Sep 14th**Distance** 50 km (31 mi)**Gain** 207 m (679 ft)**Terrain** Gentle**Level** **Meals** Breakfast, Dinner**Lodging**  **Philippe Le Bon****Tour ends in Dijon****Highlights** Dijon

There is more of Dijon to explore or Paris is under two hours away. Whatever you decide, enjoy and thanks for joining us.

DAY 8: Sun, Sep 15th**Meals** Breakfast

INCLUDED**WHAT'S INCLUDED**

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see: <https://www.experienceplus.com/what-to-expect/our-bikes/>. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to

RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

Need Fewer Miles? On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know.

*Tips are included in Expedition pricing and not expected on self-guided tours.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

STYLES

OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

Classic Tours: Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: \$\$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support: 2 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 4-5

Self-guided Tours: perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: \$
- Tour Levels: 1-4

**LEVELS**

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- Complete the Customer Information Form: <https://www.experienceplus.com/travel-planning/customer-information-form/>
- We recommend you take out travel insurance. Find details at <https://www.experienceplus.com/travel-planning/travel-insurance/>
- Choose a bicycle training program: <https://www.experienceplus.com/travel-planning/bicycle-tour-training/>
- Peruse our country-specific Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- Book your pre and post-tour hotel nights.
- Begin your chosen training program
- Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- Start reading one of the books or watching one of the movies from our Reading and Movie Lists: <https://www.experienceplus.com/travel-planning/>.
- Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at <https://www.experienceplus.com/travel-planning/packing/>.
- We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!