

Bicycle Tours in USA: Cycling the Best of Cape Cod (TourzPlus!)

OVERVIEW

One of the largest barrier "islands" in the world, the eastern-most arm of Massachusetts is known for its pristine beaches, captivating history, and old fashioned charm. Pedal through charming villages, past gray-shingled cottages, and along much of the Cape Cod Rail Trail, whose paved surface and gentle terrain are ideal for cyclists. This new tour encompasses the best of Cape Cod's unique landscapes and seaside character. Diverse scenery, cycling routes and distinctive accommodations allow you to experience the "Cape" in comfort and style. Explore the lovely town of Chatham-one of New England's hidden gems-and enjoy a two-night stay at the renowned Wequassett Resort on Pleasant Bay. Venture off the beaten path to visit lighthouses and cranberry bogs, explore seaside villages, and bask in the expanse of the undeveloped beaches of the Cape Cod National Seashore. Follow a bike path through the dunes of Provincetown, at the outermost point of the Cape, and visit the Old Harbor Lifesaving Museum. Enjoy a spectacular cruise to nearby Stellwagon Bank Natural Marine Sanctuary for up-close encounters with several types of whales. Return to Boston from Provincetown on a cruise across Massachusetts Bay.

Learn more about our [TourzPlus™ partner tours](#) and how they differ from regular ExperiencePlus! bicycle tours.

HIGHLIGHTS

Boston, Cape Cod Baseball League game, Whale Watching Cruise, Cranberry bogs, Chatham, Cape Cod Rail Trail, Provincetown, Herring Cove Beach

TOUR FACTS

Tour Style	■ TourzPlus: Learn more about our TourzPlus tours at https://www.experienceplus.com/choosing-the-best-tour/styles/tourzplus
Includes	Use of a 27-30 speed bicycle; 6 days, 5 nights' accommodation; 4 breakfasts, 2 picnic lunches, 3 dinners; van support; group shuttle from Boston on Day 1 and return Day 6; snacks
Countries	USA
Begin/End	Boston, MA
Arrive/Depart	Boston, MA (BOS)
Total Distance	73 - 126 miles
Avg. Daily Distance	Average daily mileage 15 to 25 per riding day
Tour Level	▶▶▶▶▶
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. Lovely lodges, fabulous beach walks, warm hospitality.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the ■ [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/bike-tours/usa/cycling-cape-cod>

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DATES & PRICES

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	32km / 0m (20mi / 0ft)			
2	51km / 0m (32mi / 0ft)			
3	51km / 0m (32mi / 0ft)			
4	53km / 0m (33mi / 0ft)			
5	19km / 0m (12mi / 0ft)			
6	0km / 0m (0mi / 0ft)			

Bicycle Tours in USA: Cycling the Best of Cape Cod (TourzPlus!)**Chatham Village and Pleasant Bay**

Highlights Yarmouth to Chatham

This morning, a private coach will transfer you from Boston's Marriott Long Wharf to the start of your first ride in the town of Yarmouth. The route winds along quiet streets lined with the classic gray-shingled homes so characteristic of Cape Cod's seaside towns. Your tour leaders will provide a delicious picnic lunch in Harwich before continuing on to connect with the lower Cape section of the Cape Cod Rail Trail. Follow this paved bike path all the way to Chatham and your lodging for the next two evenings at New England's finest oceanfront resort. The Inn, overlooking Chatham Harbor, features its own dining room, tavern, private beach, swimming pools, and luxurious spa. It is just steps from the venerable Chatham Fish Pier where you can watch the daily catch be unloaded and packed to be delivered to restaurants in Boston. Dinner this evening will be in the private dining room overlooking the harbor.

Chatham Village and Pleasant Bay

Highlights Monomoy Wildlife Refuge, Chatham Lighthouse

Ride a lovely loop through Chatham to Monomoy National Wildlife Refuge. Pass by stately homes and picturesque bays then visit the lighthouse or browse shops in town. Lounge by the pool or hit the beach at Chatham Bars Inn. Enjoy a private cruise across Pleasant Bay to view seals and waterfowl.

Cape Cod Rail Trail

Highlights Monomoy Island Cruise, Cape Cod Baseball League

Wind your way out of town to connect with the Cape Cod Rail Trail. This wonderful paved bike path passes through pine forest, past cranberry bogs, and the Cape's unique kettle ponds. Stop for a snack at the coffee shop or to visit the bike shop in Orleans as you make your way to Eastham, often referred to as the Gateway to the Cape Cod National Seashore. At the Salt Pond Visitor Center you will learn about the unusual geologic features of Cape Cod as well as the history of the National Seashore. The Cape Cod National Seashore was established by the late President John F. Kennedy in 1961 to protect the unspoiled beauty of the eastern shore of Cape Cod along a nearly 40 mile expanse of seashore. After settling into your room at the inn, enjoy a walk along Salt Pond that offers several stunning vistas. Built in 1870, this

DAY 1

Distance 32 km (20 mi)

Meals Lunch, Dinner

DAY 2

Distance 51 km (32 mi)

Meals Lunch, Dinner

DAY 3

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handsome Queen Anne Victorian is a former sea captain's mansion and has retained its prominence as one of the centerpieces of the area. This evening, join your fellow travelers for dinner at a popular restaurant featuring fresh local products.

Distance 51 km (32 mi)

Meals Breakfast

Bicycle Tours in USA: Cycling the Best of Cape Cod (TourzPlus!)**The Cape Cod Rail Trail to Provincetown**

Highlights Wellfleet and Truro Vineyards

Follow the Cape Cod Rail Trail to its terminus at a fabulous boulangerie. Pedal along quiet back roads through the charming village of Wellfleet then on to Provincetown at the outermost point of The Cape. Stroll to town for dinner and to photograph the narrow lanes as the sun sets over the bay.

DAY 4

Distance 53 km (33 mi)

Meals Breakfast, Dinner

Provincetown

Highlights Whale-Watching, Provincetown, Herring Cove Beach

Following breakfast this morning, you will head for the town pier for a once in a lifetime whale watch trip offshore. Provincetown is the closest port to Stellwagen Bank - one of the world's richest marine habitats and a favored feeding ground for large numbers of whales. Provincetown's location - nearly 40 miles out to sea - means that whales are often sighted as soon as the boat leaves the port. This translates into greatly reduced travel times to viewing points. The trip is guided by an experienced naturalist and is virtually guaranteed to provide whale sightings. Dolphins and sea birds are also frequently sighted during the three-hour trip. Upon return to port, visit one of the many restaurants in town for lunch or grab a sandwich and head for the beach. The afternoon is free to explore the sites in town or relax at gorgeous Herring Cove Beach. There are many interesting shops and a large number of galleries in Provincetown. Those interested in cycling can join their leaders for a ride to the lighthouse in Truro. This evening, stroll the streets admiring the classic architecture or snapping photos in the late day light before joining the group for dinner in town.

DAY 5

Distance 19 km (12 mi)

Meals Breakfast, Dinner

Cruise Across Cape Cod Bay

Highlights Cape Cod National Seashore's Province Lands Visitor Center

Following a leisurely breakfast this morning, do some last-minute shopping in town or visit the Pilgrim Monument before making your way to MacMillan Wharf for the ferry crossing to Boston. In 1620 when they first landed in the New World, the Pilgrims stopped in Provincetown for five weeks before continuing on to Plymouth where they ultimately settled. The 252' tall monument - the tallest all granite structure in the US - offers sweeping views over the Outer Cape and across Cape Cod Bay to Boston. It is a 90-minute trip to Boston where, upon arrival, those departing from Logan International Airport can take a water taxi (ten-minute trip) directly from the ferry dock to the airport. For those planning to remain in Boston, water taxis are available to a variety of locations.

DAY 6

Meals Breakfast