

Bicycle Tours in United Kingdom UK: *Bicycling Scotland's Highlands Coast to Coast Plus! the I*

OVERVIEW

Our bicycle tour through Scotland offers a unique combination of wilderness, history and beautiful bike rides. Join us as we bicycle from the North Sea to the Atlantic Coast across the Highlands of Scotland. Pedal quiet roads that wind through ancient pine forests and across open hillsides with impressive views of the UK's highest mountain range. Crossing the east/west watershed of the River Spey, the scenery becomes increasingly more rugged and wild. The final section takes us onto the rarely visited Ardnamurchan Peninsula. This is one of our favorite places in Scotland and largely off the tourist map. The coast to coast portion of our journey ends at Ardnamurchan Point (the most westerly point on the UK mainland) where the historic lighthouse dominates the magnificent view across the Atlantic and the Hebridean Islands.

Our bicycle tour continues on the Isle of Skye, a short ferry ride away. This quintessential north Atlantic island is peopled with hearty souls, majestic landscapes and plenty of black-faced sheep. The Cuillin Hills, in the north-central part of the island, dominate the island's scenery. Ocean bays, inlets and glimmering lochs abound as we pedal scenic roads around the island. Join us for this spectacular bicycling journey.

If this sounds great but you don't have time for the full 12 days, check out our *Bicycling Scotland's Highlands Coast to Coast* tour, which features the first 9 days of this itinerary.

HIGHLIGHTS

- Cairngorms National Park
- Isle of Skye
- Cuillin Hills
- Skye Museum of Island Life
- Ardnamurchan Point
- Ancient Castles and Monuments
- Quiet Roads
- Private Distillery Tour and Tasting
- Portree

TOUR FACTS

Tour Style	 : Learn more about our tours at https://www.experienceplus.com/tours/bike-tour-styles/-tours
Includes	12 days, 11 nights lodging; Use of a 27-30 spd aluminum road or hybrid bike; 11 breakfasts, 7 dinners, 4 lunches; 2 to 3 tour leaders; ferry to the Isle of Skye; shuttles to Aberdeen and back to Edinburgh; visits and special events listed in itinerary
Countries	United Kingdom UK
Begin/End	Edinburgh/Edinburgh
Arrive/Depart	Glasgow Airport (GLA) or Edinburgh Airport (EDI) / Glasgow or Edinburgh
Total Distance	304-378 miles (492-612 km)
Avg. Daily Distance	Average per day 30-37 miles per riding day
Tour Level	 Rolling hills along lakes and rivers on most days with more significant climbs on Days 4 & 8. The Isle of Skye has steeper hills and it can be windy.

We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour.
In Scotland we offer aluminum road and hybrid bikes with a generous gear ratio for climbing. Mild



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temperatures are common expect some winds or light rain. Many hotels do not have air conditioning as it is rarely needed.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the  **online itinerary** for the most up-to-date trip information including arrival and **depart times** before you depart for your trip:

https://www.experienceplus.com/guided-bike-tours/united_kingdom_uk/biking-scotlands-highlands-coast-to-coast

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DATES & PRICES

Dates	Price	Single Supplement*
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*We are happy to match solo travelers who would like to share a room with someone of the same gender. If no match exists, due to hotel pricing, we will charge 50% of the single supplement rate. This fee will be collected at the time of the final payment. If a roommate assignment is available this fee will be refunded at the conclusion of the tour.

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

Bicycle Tours in United Kingdom UK: Cycling Scotland's Highlands Coast to Coast Plus! the I**Rendezvous in Edinburgh and shuttle to Aberdeen****DAY 1**

Highlights Welcome to Scotland

Meals Dinner

We will rendezvous at 10AM in Edinburgh to shuttle to our starting point in Aberdeen. Come a few days early to explore the old historic town of Edinburgh, including the Edinburgh Castle, the Royal Mile, Carlton Hill, and the underground walkways of the old medieval city. We'll shuttle to Aberdeen where we'll begin our bicycle journey across Scotland. Aberdeen is a classic North Sea industrial city famous for its bustling oil and gas industry as well as its fishing industry. We'll fit bikes late this afternoon before a special dinner tonight signals the beginning of our culinary exploration and bicycle adventure across Scotland. Distance: Test ride. Meals: DLodging: Mary Culter House Hotel. The July 26th 2015 departure will be at the Mercure Aberdeen Ardoe House

Bicycle Aberdeen to Ballater**DAY 2**

Highlights Bicycling on quiet lanes, visit small villages, salmon leaping

Meals Breakfast

We depart Aberdeen this morning to make our way through quiet country lanes along the River Dee through the area known as Royal Deeside. Our route follows the old railway line used by Queen Victoria in the 19th century. We'll touch upon small Scottish villages like Banchory, where you might want to have a lunch break. We recommend stopping at the Bridge of Feugh, where salmon are often leaping up the falls as they migrate up the Water of Feugh to spawn. Continuing alongside tree-lined roads bordering the River Dee, we'll reach the friendly town of Ballater this evening. Distance: 41 miles (66 km). Meals: BLodging: Glen Lui Hotel

Loop ride from Ballater**DAY 3**

Highlights Royal Lochnagar Whisky distillery, small lanes in Scotland

Meals Breakfast, Lunch

We have a leisurely day today as we spend two nights in Ballater, so you can take a nice loop ride into the Scottish greens or spend time in town, perhaps taking lunch at the local cafe with the locals. We recommend riding out along the River Dee to the Royal Residence of Balmoral, where the royal family still resides occasionally (meaning the castle is not always open to the public). If the royal family is not around, you can visit the grounds and the impressive ballroom in the castle. Regardless of the royal presence, you can visit nearby Crathie church, where Queen Elizabeth attends church services during her stays in the Scottish highlands. We'll regroup this afternoon for lunch and a visit to the Royal Lochnagar whisky distillery--learn all there is to know about whisky. Distance: 0-23 miles (0-37km). Meals: B, LLodging:Glen Lui Hotel

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Bicycle Ballater to Tomintoul

DAY 4

Highlights Wildlife, Cairngorms National Park, Lecht Pass, Corgarff Castle

Meals Breakfast, Dinner

We'll leave the flats on the North Sea side today and climb straight up into the heart of the Cairngorms National Park today. Pedal through pine forests into a striking landscape of heather moorland. Wildlife abounds here (keep your eyes open for the famed red grouse, mountain hares and deer) as we climb high into the classic Scottish Highlands. Along the way, we'll pass the spectacular Corgarff Castle, stop in for a visit if you'd like before heading onto our biggest alpine-style climb of the trip -- the Lecht Pass. Anybody wanting to shuttle this short but testing climb is welcome to hop in the van. The views are superb as the road winds to the top. From the summit at 637 meters (2038'), enjoy a long downhill glide into Tomintoul, the highest village in the Highlands and the heart of serious Highland whisky (you know it's very serious when it is spelled without an "e"), distillery country. We'll split up and stay in small B&B's tonight, enjoying the best of Scottish hospitality. Please note: Because we are in small B&Bs not all rooms have a private bathroom. Distance: 24 miles (39 km). Meals: B, D Lodging: Richmond Arms Hotel

Bicycle Tomintoul to Newtonmore

DAY 5

Highlights Cairngorms National Park, Strathspey Steam Railway, Loch an Eilean, BBQ lunch

Meals Breakfast, Lunch

Without a doubt, a favorite day of the trip featuring one of the best rides in Scotland as we pedal through the Cairngorms National Park skirting the mighty Cairngorms massif and losing altitude to return to greener lush country. Once off the Cairngorm plateau, you'll ride through an ancient Caledonian pine forest. This is the Rothiemurchus Estate, one of the land management systems in Scotland, where land is privately owned and managed (for private and public use) in "estates" that can possibly cover up to hundreds of square miles. Rothiemurchus is exemplary in its recreational use management for the public. This is regularly voted one of the most scenic spots in the UK and we'll also learn more about the area from one of the rangers. From Loch an Eilean, a quiet back road takes us along the River Spey to the village of Newtonmore, overlooked by the ancient Ruthven barracks. These 18th century barracks are well worth a visit before the final descent into the village. Feast on a BBQ lunch at Inverurdie House, a part of the Rothiemurchus estate. Distance: 47 miles (76 km). Meals: B, L Lodging: Craigerne Hotel

Bicycle Newtonmore to Spean Bridge

DAY 6

Highlights Bicycle along the River Spey and along the Loch Laggan

Meals Breakfast, Lunch, Dinner

Following the River Spey towards its source today we push on towards the divide between the East and West Highlands and from here on we will be riding almost directly west all the way to the Atlantic. A fine day on good roads which run alongside the beautiful Loch Laggan and Creag Meagaidh National Nature Reserve. The final section takes us into Spean Bridge where you can visit the woolen mill and shop before heading past the WWII Commando Memorial to our forested lodge. We'll enjoy a special home-cooked meal this evening at our family run lodge. Distance: 38 miles (61 km). Meals: B, D Lodging: Old Pines Hotel



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Highlights Ferry across Loch Linnhe, Bicycle through Bonnie Prince Charlie country!

Meals Breakfast, Dinner

We pedal quiet roads along the Caledonian canal (built along the Great Glen geologic fault line that dramatically cuts through the Highlands and connects 4 lochs, or lakes, to create a 60 mile water way that connects the Atlantic Ocean to the North Sea) to reach Fort William, the capital of the West Highlands. With a quirky twist, we board a short passenger ferry to cross the deep and wide Loch Linnhe. Disembarking on the west side, we join the Ardnamurchan Peninsula for our final push to the Atlantic. The area is of great historic interest; this is where Bonnie Prince Charlie led the Jacobite Rebellion in 1745 against the British Crown. Enjoy the spectacular views, as we ride past the rocky ramparts of Garbh Bheinn ("The Rough Mountain"). Our destination is Strontian on the shores of Loch Sunart. Distance: 39 miles (63 km). Meals: B, DLodging:Strontian Hotel

Bicycle Strontian to Ardnamurchan Point**DAY 8**

Highlights Ardnamurchan Point and lighthouse

Meals Breakfast, Lunch, Dinner

Our morning begins with a ride along the lovely Loch Sunart to the village of Salen. We'll have time for a coffee here (or an early ale!) for the ride west to "the point". Climbing and descending along the undulating road the views get better all the time with the Island of Mull and the Small Isles coming into range. The route actually follows the edge of an ancient volcano which adds another dimension to the ride. We'll continue through the town of Kilchoan and finally Ardnamurchan Point which is situated on the cliffs above the Atlantic Ocean with a magnificent vista of the mountainous west coast and Hebridean Islands. If you wish, climb the 152 steps of the lighthouse. We will be return to Strontian by vehicle for dinner. Distance: 35 miles (56km). Meals: B, DLodging:Strontian Hotel

Bicycle from Strontian to Mallaig; and over the sea to Skye**DAY 9**

Highlights Pedaling along the Hebridean Coast, smokehouse, the Isle of Skye

Meals Breakfast, Lunch, Dinner

We pedal back to Salen this morning along the coast of Loch Sunart and then head north to Glenuig home to the small but famous MacDonald's Smokehouse. Pop in for picnic supplies or a taste of smoked cheese, salmon or trout (or coffee in the nearby lodge)and then keep pedaling along the shoreline overlooking the Inner Hebridean islands to Mallaig where we catch a short ferry to Armadale on the Isle of Skye where our cozy inn awaits. No worries about making the ferry as shuttling options are available for all or part of the ride. The high peaks of Cuillin Hills on the Isle of Skye which will be visible for parts of the ride today. Distance: 49 miles (79 km). Meals: B, L, DLodging:Ardsvar Hotel

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Highlights Armadale and the MacDonald Clan, towering Cuillin Hills, Talisker Whiskey Distillery

Meals Breakfast

Have you ever met anyone called MacDonald? Well, we're in MacDonald territory here - the largest Clan in Scotland and in the world. The Clan Donald established itself on Skye in the 15th century, occupying castles at Armadale, and in Duntulm, at the north end of the island. The Clan's leaders were Lords of the Isles until the forfeiture of the Lordship in 1493, when the Scottish King took the title away. Our ride takes us to the feet of the Cuillin Hills; we enjoy the view of these magical peaks from the sea too, as we take a boat ride from Elgol, all around the mountains, and straight to the Talisker whisky distillery. We learn how to extract, bog-smoke, ferment, distill and age barley malt to produce a fine, amber colored whisky. A taste is a must before heading to our hotel in Portree. Distance: 31 miles (50 km). Meals: B Lodging: Marmalade Hotel

Explore Skye**DAY 11**

Highlights Old Man of Storr, high cliffs overhanging the ocean, Skye Museum of Island Life, Portree

Meals Breakfast, Lunch, Dinner

The opportunity for activities on Skye are numerous. Depending upon the season, our tour leaders will plan the day for the group to afford the best way to experience more of Skye. Perhaps cycling along the rugged basaltic coastal cliffs of the northern finger of Skye with dramatic views of the ocean; or a hike to the Man of Storr, a 165 ft. tall hanging monolith that challenges all the laws of physics; or a visit to Kilt Rock Waterfall to enjoy the wilderness of the island; or a visit of the Skye Museum of Island Life where you can learn how Skye inhabitants have survived in this ruggedly beautiful and harsh environment. Be prepared for any of them and to have one more opportunity to see the black-headed sheep and the Highland cows. Final farewell dinner together in Portree, the island's capital. Distance: 0-51 miles (0-82 km). Meals: B, D Lodging: Marmalade Hotel

The end of our bicycling journey**DAY 12**

Highlights Shuttle back to Edinburgh

Meals Breakfast

We'll shuttle back to Edinburgh this morning after breakfast, departing around 9:00AM and arriving at a approximately 4:00 - 5:00 PM. Meals: B

INCLUDED**WHAT'S INCLUDED**

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include the three most important aspects of a guided bike tour.

- Superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling. More details on our bikes page: <https://www.experienceplus.com/what-to-expect/our-bikes/>
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: <https://www.experienceplus.com/blog/travel-planning/>
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing ExperiencePlus!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Not included on Explorer Tours.)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see our bikes page (<https://www.experienceplus.com/what-to-expect/our-bikes/>). If you would like to bring your own pedals and shoes we recommend doing so. On Explorer tours we include a GPS device on all bikes. We ask that you bring your own helmet to ensure the best fit. Please ask if you would like us to provide you with a gently used helmet and we will do so.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

Each day you'll receive a daily briefing with a highlighted route map. About 14 days prior to your tour, we will provide you with access to RideWithGPS Experiences, our platform

to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information also includes Tour Leader phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat, Spotlight and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks. On tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths.

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Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options.

Need Fewer Miles? If you aren't sure about your abilities or how much you want to ride remember the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. You are on vacation and we're here to help make it perfect for you.

TIPPING YOUR TOUR LEADER TEAM:

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5% of the tour cost per traveler – this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. *Tips are included in Expedition pricing.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or taken by our guides or travelers free of charge and without your right to inspection. If you do not want us to use any images of you on tour, you must inform your tour leader in writing at the start of the tour.

STYLES **OUR TOUR STYLES**

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers. No matter what you are looking for in a cycling vacation, we have a tour with just the right pace for you.

Classic Tours: Dream of traveling through a region by bike? then our Classic style bike tours are for you! Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars, most itineraries include at least one two-night stay at the same hotel.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars, occasional multi-night stays at the same hotel.
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation: Group riding and GPS
- Price: \$\$
- Tour Levels: 1-4

Spotlight Tours: Multi-nights stays, loop rides, choose from a selection of activities or enjoy hotel amenities during your free time.

- Tour Length: 6-7 days
- Hotels: 3-5 stars, typically 3-nights spent in one hotel and 2-nights in the other.
- Road Type: Pavement
- Multi-night Stays: Min 2 night stays
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip.
- Road Type: Pavement
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars, typically there is a 2-night hotel stay every 5-7 days.
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation: Chalk Arrows
- Price: \$\$\$
- Tour Levels: 4-5

**LEVELS**

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 – 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- Read through your Reservation Confirmation (link sent to you by e-mail), it has important information to help you plan your trip!
- Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- Complete the Customer Information Form: <https://www.experienceplus.com/blog/travel-planning/customer-information-form/>
- We recommend you take out travel insurance. Find details at <https://www.experienceplus.com/blog/travel-planning/travel-insurance/>
- Choose a bicycle training program: <https://www.experienceplus.com/blog/travel-planning/bicycle-tour-training/>
- Peruse our country-specific Travel Planning Pages: <https://www.experienceplus.com/blog/travel-planning/>

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- Review the arrival and departure information under the "Travel Information" tab to see meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, and other important information to help you plan your arrival and departure.
- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- Book your pre and post-tour hotel nights.
- Begin your chosen training program
- Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Deposit Payment Invoice and the Final Payment Reminder e-mail you have received for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- Start reading one of the books or watching one of the movies from our Reading and Movie Lists: <https://www.experienceplus.com/blog/travel-planning/>.
- Plan what you are going to pack and start packing! Refer to the Packing Lists on our website at <https://www.experienceplus.com/blog/travel-planning/packing/>
- We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition, Spotlight and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!