Bicycle Tours in Spain: Bicycling Catalonia's Costa Brava Plus! Barcelona

OVERVIEW

Home to some of Spain's most iconic cities and famous characters, Catalonia is a one of a kind destination. With a history as diverse as the territory and a cultural identity and language of its own, this Spanish community will delight and fascinate. Join us on a 12-day bicycle tour beginning in Girona, one of the most fought after towns in all of Spanish history. We'll pedal east towards the rugged Costa Brava and through the rolling hills of the Emporda' region - dotted with Roman ruins and medieval towns. Our journey continues through hidden fishing villages, quiet towns, and through wine country on our way to Figueres, Salvador Dali's birthplace. We'll cycle west towards the foothills of the Pyrenees through nature reserves and to ancient Roman spa towns before looping south. Our journey ends on a 10-mile bicycle path finishing in the heart of Barcelona.

If this sounds great but you don't have time for the full 12 days, check out our 8-day Bicycling Catalonia's Costa Brava itinerary which shortens this itinerary by 4 days.

HIGHLIGHTS

Barcelona, Garrtoxa Volcanic Natural Area, Girona, Figueras and Dali Museum, Medieval Villages, Costa Brava Beaches, Vic, Extraordinary food - Girona has more restaurants with Michelin stars than anywhere else in the world

TOUR FACTS

Tour Style	Classic: Learn more about our Classic tours at https://www.experienceplus.com/choosing-the-best-tour/styles/classic
Includes	12 days, 11 nights accommodation; meals as noted in itinerary; 1 guided visit of Dali Museum; a wine tasting; boat trip
Countries	Spain
Begin/End	Girona/Barcelona
Arrive/Depart	Barcelona (BCN)
Total Distance	486 km (300 miles)
Avg. Daily Distance	70 kms (42 miles) per riding day
Tour Level	
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. In Spain dinners are traditionally later in the evening. Though we try and arrange dinners together as early as possible, in Spain this means 8:00 to 8:30 p.m. We recommend not drinking the tap water in Girona. While tap water in Europe is generally safe to drink (see information about meals and drinks on tour), Girona is an old city with old pipes. We will provide bottled water on tour in the Girona area. If you arrive early, we recommend you drink bottled water also.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the online itinerary for the most up-to-date trip information including arrival and departure tips before you depart for your trip:
https://www.experienceplus.com/bike-tours/spain/catalonia/bike-touring-catalonia

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DATES & PRICES

Dates	Price	Single Supplement*
Sep 04, 2024	USD$5995	USD$650
Sep 18, 2024	USD$5995	USD$650
May 14, 2025	USD$6350	USD$650
Jun 04, 2025	USD$6350	USD$650
Sep 03, 2025	USD$6350	USD$650
Sep 17, 2025	USD$6350	USD$650

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	61km / 906m (38mi / 2972ft)	Very hilly		
3	40km / 379m (25mi / 1243ft)	Gentle		
4	69km / 434m (43mi / 1424ft)	Gentle		
5	72km / 673m (45mi / 2207ft)	Hilly		
6	18km / 436m (11mi / 1430ft)	Very hilly		Today's ride is an optional loop ride
7	32km / 244m (20mi / 800ft)	Rolling hills		
8	76km / 1261m (48mi / 4136ft)	Hilly		
9	65km / 996m (41mi / 3267ft)	Very hilly		
10	50km / 600m (31mi / 1968ft)	Hilly		
11	43km / 275m (27mi / 902ft)	Gentle		
12	Last Day			

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ARRIVAL INFO

Meeting time 2 p.m. - on Day 1, meet your fellow cyclists and Tour Leaders at the Day 1 Hotel specified on the itinerary.

Note: As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, check with us if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like Rome2Rio. The fare and timing information listed below is approximate.

Airports: We recommend flying into Girona (GRO) or Barcelona El Prat (BCN).

From the Girona airport to the Day 1 hotel

- Taxi(20 min/EUR 20)

From the Barcelona airport to the Day 1 hotel

1. Bus: Sagales Bus from Barcelona Airport Terminal 1 or 2 to Girona Estacio d'Autobuses. (2.5 hr/EUR 19)
2. Taxi: From the Bus station to the starting hotel (10 min/EUR 10)

Or

1. Train: R2 Nord from the Barcelona airport to the Barcelona Sants station (25 min / EUR 4.20)
2. *Train: From Barcelona Sants to Girona/Gerona (40 min/ Fares vary).
3. Taxi: From the Girona/Gerona train station to the Day 1 Hotel. (10 min/EUR 10)

***Note**: The train connection from Barcelona to Girona/Gerona is a busy but frequent line. If you are staying in Barcelona, you may purchase tickets for this train leg in advance. If you arrive by plane the same day, you should purchase them at the Sants train station though you might opt to skip a train departure if it is already full.

Look up Spanish train schedules at Renfe.com or Trainline. Questions? See our information on taking trains in Europe or ask us.

Drinking water: We recommend not drinking the tap water in Girona. While tap water in Europe is generally safe to drink (see information about meals and drinks on tour), Girona is an old city with old pipes. We will provide bottled water on tour in the Girona area. If you arrive early, we recommend you drink bottled water also.

DEPARTURE INFO

Your trip ends on the final day after breakfast.

Airport: The closest airport to the tour end is Barcelona's El Prat (BCN).

Getting from the ending hotel to the Barcelona airport:

- Aerobus to the Barcelona Airport (35 min/EUR 6). Departures every 5 minutes, no reservations necessary.

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- 2 minute walk from Hotel Jazz to the Aerobus station at Plaza Universitat-Pelai to the Barcelona Airport
- 5 minute walk from Hotel Catedral to the Aerobus stop at Plaça de Catalunya to the Barcelona Airport

Or

- Taxi from the ending hotel to the Barcelona Airport (35 min/EUR 25)

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Girona

DAY 1: Wed, Sep 20th

Highlights Girona, Jewish Museum and Historic Center

We meet in the medieval town of Girona today. We highly recommend coming a day or two early to explore this city and begin your exploration of the Catalan culture. We'll fit bicycles this afternoon and recommend a test ride along the river bike path before meeting for introductions and dinner together.

Meals Dinner

Lodging Hotel Historic

Bicycling Girona to Costa Brava

DAY 2: Thu, Sep 21st

Highlights Cycling the Via Verde, quiet roads, beach town

Today's ride features a gentle ascent to the highest point in the area. You'll be rewarded for your efforts with a classic view of the Costa Brava. The van will be there to offer a lift up (or down) for those who prefer. Our descent ends at the sea and from there we'll follow the sometimes hilly coastal road to our beach front hotel. Enjoy a dip in the Mediterranean, or some people watching this afternoon before dinner together.

Distance 61 km (38 mi)

Gain 906 m (2972 ft)

Terrain Very hilly

Level

Meals Breakfast, Dinner

Lodging Hotel Sant Pol

Bicycling Costa Brava to Peratallada

DAY 3: Fri, Sep 22nd

Highlights Beaches, rural bicycling, castles and medieval towns

Today we'll ride along the coast to Palamos, a great coffee stop and perfect opportunity for one last dip in the sea before we head inland over rolling hills. Many of the towns we'll pass through on today's ride were once fortified Roman and medieval cities, so be sure to take time to meander the tiny streets. Peratallada, our destination this evening, is perhaps the best preserved as the center is entirely pedestrian and the walls still stand. You'll notice ruts in the stone streets which were created from centuries of horse carts moving through the narrow streets. We'll stay just outside of town and enjoy this little corner of Catalonia for the next few days. The September 18, 2024 departure will stay at the Hotel Arcs Monells.

Distance 40 km (25 mi)

Gain 379 m (1243 ft)

Terrain Gentle

Level

Meals Breakfast, Dinner

Lodging Hotel Arcs de Monells
Hotel Aatu

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Loop ride or Rest Day

DAY 4: Sat, Sep 23rd

Highlights Loop ride, optional climb

We'll take a loop ride through the gentle hills of the Baix Emporda region today. We have a special stop planned before la Bisbal d'Emporda just a few kilometers into the ride to visit a local ceramicist. La Bisbal d'Emporda is a great town to enjoy a beverage and explore the boutiques and artist stores - some of which carry traditional pieces while others have expanded into more modern ceramic art. After our visit we'll continue our loop ride which includes the option of an 8 km (5 miles) climb for anyone wanting a little challenge. The September 18, 2024 departure will stay at the Hotel Arcs Monells.

Distance 69 km (43 mi)
Gain 434 m (1424 ft)
Terrain Gentle
Level
Meals Breakfast
Lodging Hotel Arcs de Monells
Hotel Aatu

Bicycle to Cadaques

DAY 5: Sun, Sep 24th

Highlights Remote fishing village, stunning views of the sea

We'll head north and inland today through gentle hills and reclaimed marshes that are now the center for the agricultural economy in the area. We'll suggest a lunch stop in one of these small but historic towns. There is a significant climb to the hotel so anyone who prefers to rest their legs can meet at a café to regroup and shuttle. Everyone else can join local cyclists to conquer the hill that creates a natural barrier and makes this Eastern most peninsula in Spain such a unique natural and geological formation. The September 18th, 2024 departure will stay at the Hotel Sol Ixent.

Distance 72 km (45 mi)
Gain 673 m (2207 ft)
Terrain Hilly
Level
Meals Breakfast, Dinner
Lodging Hotel Playa Sol
Hotel Sol Ixent

Cycle the Cap de Creus or enjoy the beach

DAY 6: Mon, Sep 25th

Highlights Dali's home, beach front rambla, and optional rest day

Today you have the option to take a day off the bike, or bicycle to the stunning Cap de Creus - the most easterly point of the Iberian Peninsula. It's a short but hilly ride out and back. For those who prefer a day off the bike, Cadaques has been inspirational to many great artists, including Dali, Miro, Duchamp and Picasso. Find a spot and explore your inner artist, or simply enjoy a day relaxing by the pool. The September 18th, 2024 departure will stay at the Hotel Sol Ixent

Distance 18 km (11 mi)
Gain 436 m (1430 ft)
Terrain Very hilly
Level
Meals Breakfast
Lodging Hotel Playa Sol
Hotel Sol Ixent

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Bicycle to Figueres

DAY 7: Tue, Sep 26th

Highlights Scenic Coast Boat ride, Dali Museum

We start our day with a chartered boat ride as we leave Cadaques and navigate around the rocky coastline that isolates the Cap de Creus Natural Park from the rest of the Costa Brava. Once we land in Roses we'll pedal to Figueres, birthplace of Salvador Dali. We'll plan a guided tour of the museum this afternoon.

Distance 32 km (20 mi)
Gain 244 m (800 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Hotel Pirineos

Bicycle to Olot

DAY 8: Wed, Sep 27th

Highlights Banyoles, Garrotxa Volcanic Natural Area

Our route takes us along the foothills of the Pyrenees and we'll enjoy some larger rolling hills on our way to Olot. You'll notice a change in the landscape as we enter this unique region which was carved out by ancient lava flows from the four volcanoes that border the valley. Our hotel this evening is a restored manor house just outside of town.

Distance 76 km (48 mi)
Gain 1261 m (4136 ft)
Terrain Hilly
Level
Meals Breakfast, Dinner
Lodging Termes Victoria Hotel

Bicycle Olot to Vic

DAY 9: Thu, Sep 28th

Highlights Vall d'en Bas, Vic

We head down the Vall d'en Bas before climbing up and over towards the headwaters of the River Ter - one of the larger rivers in Catalonia. Stop at the top for lunch before heading down towards Vic. A town of ancient Roman and Iberian origin Vic preserves one of the few Plaza Mayor's that is still dirt - just as it was for festivals in medieval times. The September 4, 2024 departure will be at the Hotel Mas Albereda.

Distance 65 km (41 mi)
Gain 996 m (3267 ft)
Terrain Very hilly
Level
Meals Breakfast
Lodging Hotel Mas Albereda
Hotel Up Rooms Vic

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Bicycle Vic to Caldes de Montbui

DAY 10: Fri, Sep 29th

Highlights Roman spa towns and rolling hills

Previous customers have loved our first visit today; a local Fuet (sausage) producer opens its doors to us for a private tour. Our ride continues from one valley to the next as we make our way towards Barcelona. We leave the foothills of the Pyrenees as we pedal down to Caldes de Montbui, an ancient Roman hot springs town. Take some time to enjoy this small town and the ancient baths before taking a dip in the hot pools yourself.

Distance 50 km (31 mi)
Gain 600 m (1968 ft)
Terrain Hilly
Level
Meals Breakfast, Dinner
Lodging Termes Victoria Hotel

Bicycle to Barcelona

DAY 11: Sat, Sep 30th

Highlights Bike path and entering Barcelona

We have a relatively short day today as we pedal south and join up with a river side redevelopment that is now a thriving active multi-use path. Our route takes us straight to the coastline from where we'll take bike paths and back streets to our hotel at the top of the Ramblas of Barcelona. A dynamic city, Barcelona combines history and modern art, culture and cuisine seamlessly. We'll have a fabulous final dinner together this evening. The September 4, 2023 departure will stay at the Hotel Barcelona Catedral.

Distance 43 km (27 mi)
Gain 275 m (902 ft)
Terrain Gentle
Level
Meals Breakfast, Dinner
Lodging Hotel Jazz
Hotel Barcelona Catedral

Barcelona

DAY 12: Sun, Oct 1st

Highlights Barcelona

You're on your own to explore this magical city which is home to some of Gaudi's finest works. Plan to stick around a day or two as there is much to see and do.

Meals Breakfast

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INCLUDED

WHAT'S INCLUDED

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: https://www.experienceplus.com/travel-planning/
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see: https://www.experienceplus.com/what-to-expect/our-bikes/. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

Need Fewer Miles? On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. *Tips are included in Expedition pricing and not expected on self-guided tours.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

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STYLES

OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

Classic Tours: Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: $$$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: $$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support:2 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 4-5

Self-guided Tours: perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: $
- Tour Levels: 1-4

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LEVELS

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

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CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- ☐ Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- ☐ Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- ☐ Complete the Customer Information Form: https://www.experienceplus.com/travel-planning/customer-information-form/
- ☐ We recommend you take out travel insurance. Find details at https://www.experienceplus.com/travel-planning/travel-insurance/
- ☐ Choose a bicycle training program: https://www.experienceplus.com/travel-planning/bicycle-tour-training/
- ☐ Peruse our country-specific Travel Planning Pages: https://www.experienceplus.com/travel-planning/

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- ☐ Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- ☐ Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- ☐ Book your pre and post-tour hotel nights.
- ☐ Begin your chosen training program
- ☐ Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- ☐ Start reading one of the books or watching one of the movies from our Reading and Movie Lists: https://www.experienceplus.com/travel-planning/.
- ☐ Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at https://www.experienceplus.com/travel-planning/packing/.
- ☐ We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!

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