Bicycle Tours in Portugal: Bike Across Portugal

OVERVIEW

Explore Portugal's south-central lands and west coast with undulating wheat fields, cork and eucalyptus trees, olive orchards and vineyards. As the western outpost of continental Europe, this region harmonizes centuries of ancient, Roman, Arabic, Medieval and Renaissance influences. Highlights include:

- Beautiful, serene historic hotels.
- Roman ruins, rural paradise and one of the most ancient towns in Europe
- Alqueva reservoir, one of the world's best places for stargazing
- Artisan centers of pottery, wine making and marble work

Extend this trip by 4 days and with our Bike Across Portugal Plus! the Coast tour.

HIGHLIGHTS

Roman cities; Undiscovered roads; A stay at one of Portugal's historic Pousada hotels; Active marble quarry; The ceramics of São Pedro do Corval; Medieval town of Evora

TOUR FACTS

Tour Style	Classic: Learn more about our Classic tours at https://www.experienceplus.com/choosing-the-best-tour/styles/classic
Includes	7 nights accommodation; meals as noted in itinerary; shuttle from and back to Lisbon; 1 unique olive oil tasting
Countries	Portugal
Begin/End	Elvas / Lisbon
Arrive/Depart	Lisbon, Portugal - Lisbon Portela Airport (LIS).
Total Distance	373 km (231 miles)
Avg. Daily Distance	63 km (38 miles) per riding day
Tour Level	
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. This is a rural region and on some days there will be fewer towns along the ride than other regions in Europe.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the online itinerary for the most up-to-date trip information including arrival and departure tips before you depart for your trip:
https://www.experienceplus.com/bike-tours/portugal/alentejo/bike-touring-across-portugal

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DATES & PRICES

Dates	Price	Single Supplement*
May 11, 2024	USD$4350	USD$550
May 25, 2024	USD$4595	USD$550
Sep 07, 2024	USD$4350	USD$550
Sep 21, 2024	USD$4350	USD$550
Oct 07, 2024	USD$4595	USD$550
Oct 19, 2024	USD$4350	USD$550
Apr 12, 2025	USD$4595	USD$550
May 10, 2025	USD$4595	USD$550
May 24, 2025	USD$4595	USD$550
Sep 06, 2025	USD$4595	USD$550
Sep 20, 2025	USD$4595	USD$550
Oct 18, 2025	USD$4595	USD$550

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	32km / 419m (20mi / 1374ft)	Rolling hills		Longer optional ride available
3	57km / 394m (36mi / 1292ft)	Rolling hills		
4	62km / 467m (39mi / 1532ft)	Gentle		
5	55km / 335m (34mi / 1099ft)	Gentle		
6	91km / 424m (56mi / 1391ft)	Hilly		
7	77km / 630m (48mi / 2066ft)	Rolling hills		
8	Last Day			

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ARRIVAL INFO

Your tour starts with a shuttle pick-up on Day 1 (your spot is already reserved on this shuttle and we will expect you):

- Meeting Time: 9:15 am
- Meeting Hotel: Hotel NH Collection Lisboa Liberdade
  We do not stay at this hotel as a group and would recommend you book your preferred arrangement adirectly f you wish to stay there. See other hotel recommendations in Lisbon and throughout Portugal.

Note: As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, check with us if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like Rome2Rio. The fare and timing information listed below is approximate.

Airport: We recommend flying into Lisbon Airport. (LIS)

How to get from Lisbon Airport to the meeting hotel:

- Aerobus (get off at the stop "Tivoli Theater", right in front of the hotel) (50 min/EUR 3-4)

Or

- Taxi or Uber (25 min/EUR 15-20)

DEPARTURE INFO

We spend our last night of the tour in Vilanova de Milfontes, about 115 miles from Lisbon.

The tour ends on the final day with an ExperiencePlus! shuttle drop-off at either

- Lisbon airport (LIS); arrival at ***12 p.m.** (3-hour transfer)
- or Hotel NH Collection Lisboa Liberdade (same as meeting hotel); arrival at 12:30 p.m. (3.5-hour transfer)

Shuttle reservations 30 days prior to your tour start are required. Reserve by emailing us. If you can't make the shuttle, you will be responsible for your own transportation.

***Note:** Book your flight out of LIS after 2:30 p.m.

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Meet in Lisbon, Shuttle to Elvas

DAY 1: Sat, Sep 24th

Highlights Elvas and its medieval walls

After arriving in Lisbon, you'll take our morning shuttle east to Elvas, a fortified city just a stone's throw from the Spanish border. After a light lunch together, the tour leaders will fit bicycles, and lead a safety briefing, then it's off on a short loop ride around Elvas' impressive Roman Aqueduct, its well preserved 16th century walls, and its other fortifications. Tonight's hotel has a beautiful pool-a great spot to relax before or after your sumptuous welcome dinner. The September 21st departure will be at the Vila Gale Evora

Distance 10 km (6 mi)
Meals Lunch, Dinner
Lodging Hotel São João de Deus
Vila Gale Evora

Bicycle to Vila Vicosa

DAY 2: Sun, Sep 25th

Highlights Historic hotel

Consider today's short ride down to the river a warm-up for the excitement of the days ahead! You'll pedal with views into Spain before turning west, riding toward Vila Vicosa through wheat fields and olive orchard dotted with cork-oak trees. This semi-arid region is one of the country's least populated, and is known for its agricultural production, though today's short climb ends at a town famed for its marble. The beautiful rose-colored Vila Vicosa marble can be seen everywhere in town-including the street pavers! This afternoon, you can log extra mileage, visit the marble museum where we learn about the history of production and extraction, or give yourself in to poolside relaxation at tonight's hotel.

Distance 32 km (20 mi)
Gain 419 m (1374 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Pousada de Vila Vicosa

Bicycle to Monsaraz

DAY 3: Mon, Sep 26th

Highlights Alqueva reservoir, castles and fortified town of Monsaraz, marble area

Departing the rose-colored city, we'll stop to visit an active marble quarry to learn more about its properties, history and extraction process. Our ride heads south to the castle town of Monsaraz, which overlooks the Alqueva reservoir. The largest reservoir in Europe, this body of water straddles the Spanish-Portuguese border, and was designated in 2012 as one of the first Starlight Tourism Destinations for its ideal star-gazing conditions and exceptionally low light pollution. Enjoy dinner together tonight, then bask in the inky night sky.

Distance 57 km (36 mi)
Gain 394 m (1292 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Vila Planicie

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Bicycle to Evora

DAY 4: Tue, Sep 27th

Highlights Ceramic town, medieval Evora, wine tasting

Today's ride to Evora includes a pleasant stop in São Pedro do Corval, a well-known pottery town where you'll have the opportunity to browse several workshops and visit with the artists who run them. Upon your arrival in beautiful Evora, notice how its Roman aqueducts and ruins blend with the Medieval walls and Renaissance churches. Inhabited for more than 2000 years, Evora is on the roster of most ancient towns in Europe and a UNESCO World Heritage Site. You'll spend two-nights here which will allow you to take in some of its most notable sights.

Distance 62 km (39 mi)
Gain 467 m (1532 ft)
Terrain Gentle
Level
Meals Breakfast, Dinner
Lodging M'AR de AR Aqueduto

Evora - rest day or optional ride

DAY 5: Wed, Sep 28th

Highlights Visit Evora, or take a loop ride to Azaruja

Today's optional ride leaves Evora along a towering aqueduct into the heart of the Portuguese cork industry. We'll visit the factory where cork is transformed beyond bottle stoppers; you'll see purses, dresses, and business cards created from this amazing bark. This evening you'll enjoy a guided walk through the old part of Evora.

Distance 55 km (34 mi)
Gain 335 m (1099 ft)
Terrain Gentle
Level
Meals Breakfast
Lodging M'AR de AR Aqueduto

Bicycle Evora to Central Alentejo

DAY 6: Thu, Sep 29th

Highlights Rolling hills of the Alentejo, cheese tasting

As you leave the city you'll pass through several small towns and the ancient castles that safeguarded them during the 13th century. Your rural destination for tonight is an expansive farm, raising goats and cork. As we get closer to the coast, the wide-open spaces become dotted with sea pines revealing the varied character of the Alentejo. Get ready for a hearty Alentejo dinner.

Distance 91 km (56 mi)
Gain 424 m (1391 ft)
Terrain Hilly
Level
Meals Breakfast, Dinner
Lodging Hotel Monte das Faias

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Bike to Vilanova de Milfontes

DAY 7: Fri, Sep 30th

Highlights Coastal Alentejo

We leave rural Alentejo for coastal Alentejo today. As you get to the coast, you'll see signs of more recent Portuguese development including Sines and its modern harbor which was once famed as the birthplace of Portugal's most famous sailor - Vasco da Gama. A gentle sea breeze will be your first indicator that you are getting close to the beach and the Rio Mira confluence to the sea. The Oct. 7, 2022 departure will stay at the HS Milfontes Beach.

Distance 77 km (48 mi)
Gain 630 m (2066 ft)
Terrain Rolling hills
Level
Meals Breakfast, Dinner
Lodging Quinta Do Moinho De Vento

Tour Ends

DAY 8: Sat, Oct 1st

Highlights Transfer to Lisbon

Your bicycling adventure ends today. We'll shuttle you back to Lisbon or the Lisbon airport. Boa viagem!

Meals Breakfast

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INCLUDED

WHAT'S INCLUDED

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: https://www.experienceplus.com/travel-planning/
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see: https://www.experienceplus.com/what-to-expect/our-bikes/. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

Need Fewer Miles? On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know. *Tips are included in Expedition pricing and not expected on self-guided tours.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

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STYLES

OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

Classic Tours: Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: $$$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: $$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support:2 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: $$$
- Tour Levels: 4-5

Self-guided Tours: perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: $
- Tour Levels: 1-4

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LEVELS

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

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CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- ☐ Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- ☐ Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- ☐ Complete the Customer Information Form: https://www.experienceplus.com/travel-planning/customer-information-form/
- ☐ We recommend you take out travel insurance. Find details at https://www.experienceplus.com/travel-planning/travel-insurance/
- ☐ Choose a bicycle training program: https://www.experienceplus.com/travel-planning/bicycle-tour-training/
- ☐ Peruse our country-specific Travel Planning Pages: https://www.experienceplus.com/travel-planning/

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- ☐ Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- ☐ Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- ☐ Book your pre and post-tour hotel nights.
- ☐ Begin your chosen training program
- ☐ Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- ☐ Start reading one of the books or watching one of the movies from our Reading and Movie Lists: https://www.experienceplus.com/travel-planning/.
- ☐ Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at https://www.experienceplus.com/travel-planning/packing/.
- ☐ We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!

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