

Bicycle Tours in Vietnam: Ancient Vietnam 10 Day Inn Trip (TourzPlus™)

OVERVIEW

See this captivating country alongside the friendly locals, as you pedal past rice fields, visit local ethnic villages and explore imperial cities.

Join us for our pre-tour extension to beautiful [Halong Bay](#).

Learn more about our [TourzPlus™ partner tours](#) and how they differ from regular ExperiencePlus! bicycle tours.

HIGHLIGHTS

- Hoi An and Forbidden City
- Scenic coastal rides
- Local Vietnamese

TOUR FACTS

Tour Style	■ Classic: Learn more about our Classic tours at https://www.experienceplus.com/choosing-the-best-tour/styles/classic
Includes	Use of a quality 27-speed hybrid bicycle; 7 breakfasts, 4 lunches, 5 dinners; superior lodging
Countries	Vietnam
Begin/End	Hanoi / Nha Trang
Arrive/Depart	Hanoi Noi Ban Airport (HAN) / Nha Trang Airport (NHA)
Total Distance	680 km (Much less actual riding due to shuttling on some stretches)
Avg. Daily Distance	0-83 km per riding day
Tour Level	▶▶▶▶▶
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. Most days the distance is too great to cycle the entire way and we will drive part way. This tour is a combination of cycling, sightseeing and exploring.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the ■ [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/bike-tours/vietnam/bicycling-ancient-vietnam>

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DATES & PRICES

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	0km / 0m (0mi / 0ft)			
2	0km / 0m (0mi / 0ft)			
3	0km / 0m (0mi / 0ft)			
4	0km / 0m (0mi / 0ft)			
5	0km / 0m (0mi / 0ft)			
6	0km / 0m (0mi / 0ft)			
7	0km / 0m (0mi / 0ft)			
8	0km / 0m (0mi / 0ft)			
9	0km / 0m (0mi / 0ft)			
10	0km / 0m (0mi / 0ft)			

Bicycle Tours in Vietnam: Ancient Vietnam 10 Day Inn Trip (TourzPlus™)**Hanoi****DAY 1****Highlights** Hanoi

You will be met at Hanoi Airport (Please notify us of your arrival details). Today is designed to allow you settle in and relax after your journey. The Old Quarter, with its narrow streets where trades people can be seen working on the pavement, is well worth exploring. The Water Puppet show is also highly recommended - it is best to prebook on arrival in Hanoi.

Hanoi to Hue**DAY 2****Highlights** Hue

We take the morning flight from Hanoi to Hue (c.1hr 15 mins). Hue,(pop.286,000) built on the banks of the Perfume River, is steeped in 3,000 years of history. Here we will meet our bicycling guide and fit you to your bike and then explore the Citadel and Forbidden City by bicycle. At dinner tonight we will be entertained with traditional music in the garden courtyard.

Hue to Hoi An (pop.76,000)**DAY 3****Highlights** Hai Van Pass**Meals** Breakfast, Lunch, Dinner

We bicycle from town along a flat coastal road, through various fishing and agricultural villages. You will have your first experience of the friendliness of the locals, especially the children. Lunch is at Long Co Beach, an hour's drive. From here we tackle the Hai Van Pass, a very quiet road and the view from the top, and on the descent, is outstanding and well worth the effort. The support vehicle will be there, of course, should you prefer to shuttle. After a fabulous descent we reach Danang, where we'll board the van to drive to Hoi An (you are welcome to continue riding if you wish). You may like to visit China Beach where American servicemen went for their R&R during the Vietnam /American War or a marble factory and view the exquisite workmanship. Hue to Hoi An: 142 km / 89 mi Lang Co Beach to Hoi An: 75 km / 47 mi

Bicycle Tours in Vietnam: Ancient Vietnam 10 Day Inn Trip (TourzPlus™)**Hoi An****DAY 4****Highlights** Explore Hoi An

Today is a day at leisure to explore this delightful town (dating back to 200BC) with its street side cafes, artists and markets. Explore the historic architecture of Japanese and French origin, take in the morning concert of traditional music or take a gentle ride (c.10km return) to fabulous Hoi An beach. There are wonderful pastry shops in the old town and excellent tailors who will make any garment to measure, including cycling jerseys, in just a few hours. A longer ride is also possible if anyone is interested.

Hoi An to Sa Huynh**DAY 5****Highlights** Visit an ethnic village

We drive out of Hoi An town for about 45 minutes (25km) to the start of cycle section on Highway 1. The country side is pancake flat with green fields and we will sample a slice of rural Vietnamese life-look out for villagers harvesting rice. We start cycling (about 50km) on a quiet road hugging the coastline before a half hour vehicle transfer to Tam Ky for lunch. After lunch, an hour vehicle transfer (42km) from Tam Ky to Chau O Town. From here, we veer towards the coast to start our ride on country roads through Saky fishing village to My Lai. The route includes 12km of unsealed road; it is quite rideable but the support vehicle will never be far away. The ride finishes at My Lai at 4:00 pm; you may wish to visit the massacre memorial site (1968). Please discuss with your guide in the morning whether you wish to tour this site. We then continue driving 60km to Sa Huynh resort. Bicycling Options: Morning Ride 50 km / 31 mi Afternoon Ride 32 km / 20 mi

Sa Huynh to Quy Nhon (pop. 260,000)**DAY 6****Highlights** Seaside resort

We drive to Tam Quan (15km, 9 miles) to commence cycling on an attractive minor road through rice paddies, salt making flats, mountainous area and later past shrimp farms. We will enjoy lunch at a local restaurant on the way. After lunch, continue riding to Tuy Phuoc town where we meet our vehicle and driving 30 km to Quy Nhon city. We will arrive between 5:00 pm and 6:00 pm. Bicycling section: 88 km / 55 mi

Bicycle Tours in Vietnam: Ancient Vietnam 10 Day Inn Trip (TourzPlus™)**Quy Nhon to Tuy Hoa (pop. 202,000)****DAY 7**

Highlights Wonderful valley and coastal ride

Transfer 20 minutes out of the city for the start of ride at Café shop in Dieu Tri village. From here, we start cycling (about 60km) on a delightful quiet road to Me Trang café, through cassava and sugar cane plantations. A picnic lunch will be served when we arrive at Me Trang café. After lunch, continue riding 10 km to Chi Thanh town before reaching Highway 1 where our vehicle will transfer us (about 29 km) to Tuy Hoa city. Bicycling Options: 70km (44 miles)

Tuy Hoa to Nha Trang (pop. 315,000)**DAY 8**

Highlights Vung Ro Bay

Drive out of Tuy Hoa city about 15 km to Tuy Hoa airport. Here we start cycling on quiet road to Vung Ro Bay then up to the top of Ca Pass (about 35 km). You will have a chance to enjoy jungle and bay views on both sides of the road up the pass. Have a short break at Vung Ro Bay for photographs and a recharge of energy levels before heading to the top of Ca Pass. Then we drive to Dai Lanh for lunch before transferring to Nha Trang city. Our last ride is about 17 km through Nha Trang city to the Novotel hotel for our overnight stay. Cycling Distance: 52km (32.5 miles)

Nha Trang**DAY 9**

Highlights Rest Day

Today there is the option of a boat trip to the islands. There will be time to swim and snorkel, so bring your "togs". Lunch will be at a lovely bamboo restaurant on an offshore island, returning to Nha Trang mid afternoon. There will be an opportunity to have a manicure or a relaxing massage while on the boat. There may be time to visit an ancient Cham Tower, a relic from the ethnic people who once ruled this part of Vietnam.

Bicycle Tours in Vietnam: Ancient Vietnam 10 Day Inn Trip (TourzPlus™)**Departure****DAY 10**

Highlights Thank you

Thank you for joining us to explore Vietnam.

INCLUDED**WHAT'S INCLUDED**

When you book a tour with ExperiencePlus! our goal is to ensure your only focus each day is to hop on your bike and explore scenic cycling routes in new destinations. Inclusions may differ depending on which tour style you pick but all ExperiencePlus! tours include what we believe are the most important aspects of a bike tour.

- On all our guided tours, you can expect superb tour leaders who are fun and multilingual, bi-cultural experts, and cycling enthusiasts. They will support you and help you navigate confidently on and off the road.
- High quality bikes selected for the terrain you are cycling on and correct bike fitting to ensure comfortable cycling.
- Thoughtfully designed itineraries and routes that take advantage of stunning cycling destinations and the freedom of bicycle travel. Plus, all the logistics are taken care of.

PRE-TRIP SUPPORT

- Bicycle training programs designed specifically for your tour and fitness level.
- Planning tips on what to pack, hotel recommendations and other helpful details from our Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>
- A gift of your choice (cycling jerseys, socks, or a t-shirt) as our way of saying thanks for choosing EP!
- *Traveler services including assistance booking extra nights at the tour starting and ending hotels. (*Explorer and Self-guided tour styles excluded)
- See "What's Included" for tour-specific inclusions and be sure to check the "Keep in mind" section under "Tour Summary" online.

BICYCLES

For a full list of what's included with your bike see: <https://www.experienceplus.com/what-to-expect/our-bikes/>. If you would like to bring your own pedals and shoes we recommend doing so. On Explorer and Self-guided tours we include a GPS device on all bikes.

NAVIGATING, DAYSHEETS AND VAN SUPPORT:

On a guided tour, each day you'll receive a daily briefing with a highlighted route map. On a self-guided tour you'll receive a comprehensive orientation and bike fit on the first or second morning of your trip. About 14 days prior to your tour, we will provide you with access to

RideWithGPS Experiences, our platform to distribute information on each tour day's activities, meals and ride, as well as GPS-routes.

Daily information on the RWGPS Experience includes important phone numbers, hotel information and interesting historical and cultural information. On Classic, Bike and Boat and Expedition tours we also navigate using our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map. On Explorer tours the terrain and destinations are not always conducive to using chalk arrows so we'll ride as a group or you can navigate on your own with the GPS tracks.

On a guided tour you will have a support van providing water and snack resupply, mechanical assistance, a lift for tired cyclists, and luggage transfers. On some itineraries the van will not be able to follow sections of the route that stray from the road for example onto cycling paths. On a self-guided tour you will have luggage transfers that will transport your bags from one hotel to the other.

Need More Miles? On many days it is possible to add miles to the day, just talk to your tour leader about your options or ask when you are planning your self-guided trip.

Need Fewer Miles? On a guided tour, the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. On a self-guided tour we recommend you review the tour level to make sure you can ride the full distance.

ON A GUIDED TOUR: TIPPING YOUR TOUR LEADERS

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5-8% of the tour cost per traveler — this is for the entire tour leader team, not each tour leader. You can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your tour leaders did not quite meet your expectations, please let us know.

*Tips are included in Expedition pricing and not expected on self-guided tours.

PHOTOS:

By reserving space on tour, you agree that ExperiencePlus! may use, re-use and reproduce any images, photos or videos sent to us, or that are taken by our guides or other travelers, in any medium, including but not limited to print, electronic media, or Internet, free of charge and without your right to inspection. If you do not want us to use any images of you, you must inform us or your tour leader in writing at the start of the tour.

STYLES

OUR TOUR STYLES

We realize that one size does not fit all and there are as many ways to travel by bike as there are different types of cyclists and travelers.

Classic Tours: Dream of traveling through a region by bike? Our unique chalk arrows lead the way as you explore small villages and world-class cities while traveling at your own pace.

- Tour Length: 7-15 days
- Hotels: 3-4 stars.
- Road Type: Pavement, bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: 2-3 tour leaders, van support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4.5

Explorer Tours: Travel further off the beaten path - we let the destination dictate where we ride, not the road surface.

- Tour Length: 7-8 days
- Hotels: 2-3 stars
- Road Type: 30-50% gravel or hard-packed dirt, the rest pavement.
- Multi-night Stays: Occasionally
- Navigation and support: 2 tour leaders, GPS and van support
- Price: \$\$
- Tour Levels: 1-4

Bike and Boat Tours: Spend days cycling and your evenings relaxing on a private boat as you cruise to your next port.

- Tour Length: 7-8 days, some itineraries have land-based extensions available.
- Barge/Boat: 3-4 star, same cabin for the entire boat trip except for land extension.
- Road Type: Pavement
- Navigation and support: 2 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 1-4

Expedition Tours: Multi-week tours where you spend long days on the bike with the added satisfaction of pedaling across multiple countries.

- Tour Length: 15-40 days
- Hotels: 2-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel.
- Multi-night Stays: On rest days
- Navigation and support: 2-3 tour leaders, van Support and chalk arrows
- Price: \$\$\$
- Tour Levels: 4-5

Self-guided Tours: perfect for those who have an independent spirit, want the flexibility to choose their own dates, and don't need van support or tour leaders during their trip. Every departure is a private tour!

- Tour Length: 6-8-days
- Hotels: 3-4 stars
- Road Type: Pavement with occasional hard-packed dirt or gravel on bike paths.
- Multi-night Stays: Occasionally
- Navigation and support: GPS routes and luggage transfers
- Price: \$
- Tour Levels: 1-4

**LEVELS**

We know that travelers have different cycling abilities and preferences for the number of miles, elevation gain, and type of terrain they want on a bicycle tour. We have rated each day of our tours on a scale of 1-5. Our Tour Level's are an average of the day rating on tour. We recommend looking at the daily summary on the PDF and Website Itinerary to see details about each day's ride.

LEVEL 1 - 1.5

Level 1 - 1.5 days will be mostly flat and the distance will rarely exceed 50 km. Level 1 - 1.5 tours are suitable for beginner cyclists, those traveling by bicycle for the first time, or multi-generational groups with a desire for a nice and easy bike tour with plenty of opportunities to stop and enjoy the scenery.

- **Average daily mileage:** 20 - 50 km. (12-30 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 0-400 M (0-1200 ft)
- **Terrain:** Mostly flat with occasional gentle climbs at a grade of less than 3%, that are sustained for a maximum of 3km. There might be a steeper but short climb.

LEVEL 2 - 2.5

Level 2 - 2.5 days are ideal for riders newer to bicycle touring looking for a bit of a challenge.

- **Average daily mileage:** 30-60 km (18 - 38 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 400 - 600 m (1200 - 2000 ft)
- **Terrain:** Mostly rolling terrain around 3%. Presents multiple 3% to 4% climbs. May present an occasional steeper climb.

LEVEL 3 - 3.5

Level 3 - 3.5 days are great for active individuals (who run, bike, swim etc. on a regular basis).

- **Average daily mileage:** 50-70km (30-45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 600 - 900m (2000 - 2800 ft)
- **Terrain:** Multiple Climbs with grades of 4 - 6%.

LEVEL 4 - 4.5

Level 4 - 4.5 days are the best riding days for avid cyclists or very active individuals who are excited to challenge themselves on a bike.

- **Average daily mileage:** 70-90km (45-55 miles) Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 900-1000m (2800-3600 ft)
- **Terrain:** Presents multiple steep climbs (6% to 8% grades), 1 to 3km long. Alternatively, 4 — 6% grades for 6 kilometers or more.

LEVEL 5 (EXPEDITION)

Our Expedition tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages mean limited van support so we recommend these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Gain:** 500-2000 m (1600- 6500 ft)
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

A tour level is the average of the days so we recommend you look at the day level on each day of the itinerary to help you better understand what to expect from your tour.

CHECKLIST

TO DO ONCE YOU'VE BOOKED!

- Read through your Reservation Confirmation and After you Book Information (link sent to you by e-mail), it has important information to help you plan your trip!
- Check the date on your passport. The expiration date should extend three months past your date of return to your home country.
- Complete the Customer Information Form: <https://www.experienceplus.com/travel-planning/customer-information-form/>
- We recommend you take out travel insurance. Find details at <https://www.experienceplus.com/travel-planning/travel-insurance/>
- Choose a bicycle training program: <https://www.experienceplus.com/travel-planning/bicycle-tour-training/>
- Peruse our country-specific Travel Planning Pages: <https://www.experienceplus.com/travel-planning/>

6 TO 3 MONTHS PRIOR TO TOUR START DATE

- Refer to your Tour Packet/Itinerary to see step-by-step arrival and departure information for your tour, meeting place and time, if a reservation on a complimentary ExperiencePlus! Shuttle (if applicable) is required, along with other important information to help you plan your arrival and departure.
- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed.
- Book your pre and post-tour hotel nights.
- Begin your chosen training program
- Final payment is due 90 days (120 days for Bike & Barge/Boat tours) prior to the tour start. Please refer to your Invoice and the Final Payment Reminder e-mail which we send 10 days prior to the due date for detailed instructions.

6 TO 2 WEEKS PRIOR TO TOUR START DATE

- Start reading one of the books or watching one of the movies from our Reading and Movie Lists: <https://www.experienceplus.com/travel-planning/>.
- Plan what you are going to pack and start packing! Refer to the Packing Lists for suggestions, and see luggage limits at <https://www.experienceplus.com/travel-planning/packing/>.
- We'll email you your access code to Digital Daysheets, Hotel Itinerary, Participant Roster, names and contact information of your Tour Leaders, emergency phone numbers, and other important departure information about 2 weeks prior to your tour start date. All this will be provided to you via a feature called Experiences via the RideWithGPS App (tracks available but not necessary for navigation on Classic, Expedition and Bike & Boat tours).

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack one day of cycling gear in your carry-on just in case. See you soon!