

Bicycle Tours in Canada: Canada's Icefields Parkway (TourzPlus™)

OVERVIEW

Welcome to the Icefields Parkway Inn-to-Inn cycle tour. For many cyclists this is the best cycle tour in the world. The spectacular scenery found in the national parks of the Canadian Rockies is unprecedented in North America. Stretching an impressive 200 miles (300 km) between the historic towns of Jasper and Banff, the Icefields Parkway traverses beneath some of the most majestic mountains of the world. Flanked by dozens of massive glaciers that plummet to the roadsides, it follows three major river systems and passes by exquisite scenery studded with turquoise lakes and brilliant wild flowers. Along the route, two mountain passes - Sunwapta and Bow - take you up to elevations in excess of 7,000 feet (2,100 meters) for breathtaking views of the Columbia Icefield, the largest conglomeration of glaciers in the Canadian Rockies whose melting waters feed rivers that eventually drain into the Pacific, Arctic and Atlantic Oceans. From the elegant to the formidable, the mountain peaks of the Canadian Rockies are nothing less than spectacular and deserve the United Nations World Heritage Site designation bestowed upon them. So let us take you on a cycle tour you won't forget.

Learn more about our **TourzPlus™** partner tours and how they differ from regular ExperiencePlus! bicycle tours.

HIGHLIGHTS

Athabasca Falls, Sunwapta Pass, Moraine Lake, Jasper, Columbia Icefield, Peyto Lake, Banff, Bow Valley Parkway

TOUR FACTS

Tour Style	 TourzPlus: Learn more about our TourzPlus tours at https://www.experienceplus.com/choosing-the-best-tour/styles/tourzplus
Includes	Quality Roubaix road bicycle; 5 breakfasts, 5 lunches, 3 dinners (does not include alcohol); snacks and refreshments; support vehicle; professional guides; Shuttle from Banff to Jasper; all National Park fees.
Countries	Canada
Begin/End	Banff
Arrive/Depart	Calgary Int'l Airport (YYC)
Total Distance	198 miles (320 km)
Avg. Daily Distance	26 - 62 miles (42 - 100 km) per riding day
Tour Level	
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. Price does not include 5% GST. Price includes CAD\$250 for Roubaix bike rental. Use a hybrid and save CAD\$100, or bring your own bike and save CAD\$250.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the  **online itinerary** for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/bike-tours/canada/bicycle-touring-canadas-icefields-parkway>

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DATES & PRICES

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	0km / 0m (0mi / 0ft)			
2	60km / 0m (37mi / 0ft)			
3	51km / 0m (32mi / 0ft)			
4	100km / 0m (62mi / 0ft)			
5	42km / 0m (26mi / 0ft)			
6	64km / 0m (40mi / 0ft)			

Bicycle Tours in Canada: Canada's Icefields Parkway (TourzPlus™)**Meet in Banff for our shuttle to Jasper****DAY 1: Sun, Aug 11th****Highlights** Welcome dinner**Meals** Dinner

We will meet you at the Banff train station (time TBA). From here you will be transferred to Jasper. The van ride is spectacular. Upon arrival at the Jasper Inn, participants can size up the bikes and take a tour of Jasper before our evening orientation and dinner. Overnight Jasper Inn.

Jasper to Sunwapta**DAY 2: Mon, Aug 12th****Highlights** Athabasca Falls**Distance** 60 km (37 mi)

After a delicious breakfast we will depart Jasper, taking a secluded valley road south to Athabasca Falls. Joining the Icefields Parkway we will make our way to the cozy cabins at Sunwapta Bungalows - our home for the night. A short walk to the falls will feel great after a fantastic dinner.

Meals Breakfast, Lunch, Dinner**Sunwapta to the Columbia Icefield****DAY 3: Tue, Aug 13th****Highlights** Sunwapta Pass, Athabasca Glacier, hike to Parker Ridge**Distance** 51 km (32 mi)

Today is a relatively short biking day as we have a morning climb to Sunwapta Pass and the spectacular Columbia Icefield. After lunch we can check into the Icefields Chalet and our rooms overlooking the glacier. An afternoon up on the ice or just lazing around will get us prepared for the longer route tomorrow. In either case, the day would not be complete without another delightful dinner.

Meals Breakfast, Lunch, Dinner

Bicycle Tours in Canada: Canada's Icefields Parkway (TourzPlus™)**Columbia Icefield to Bow Lake****Highlights** Peyto Lake, Bow Summit

After a good night's sleep, it's on to the bikes again. Today's ride starts with a long descent down the pass as we follow the Saskatchewan River. Climbing out of the river valley, we will reach the highest point on the Parkway at Bow Summit (6,787'). A side trip to Peyto Lake viewpoint is a must. Continuing downhill past spectacular lakes, rivers, glaciers and mountain peaks before arriving at Num-Ti-Jah Lodge nestled on Bow Lake.

DAY 4: Wed, Aug 14th**Distance** 100 km (62 mi)**Meals** Breakfast, Lunch**Bow Lake to Lake Louise****Highlights** Lake Louise

After another of many delightful breakfasts, we will enjoy a short 21 mile (35km) ride to Lake Louise to explore the sights of the area. You can take a side ride to Moraine Lake, hike into Lake Agnes tea house or even take an optional half day whitewater trip on the Kicking Horse river. Your evening will be free to explore the famous Lake Louise chateau and dine on your own in one of the many excellent restaurants in town. Our spacious quarters at the Paradise Lodge will be a great place to rest up for tomorrow. There is an optional hike to Tea House and Plain of the Six Glaciers (3 hours) or bike ride to the Valley of the Ten Peaks.

DAY 5: Thu, Aug 15th**Distance** 42 km (26 mi)**Meals** Breakfast, Lunch**Lake Louise to Banff****Highlights** Bow Valley Parkway

Our last day's ride takes us along the beautiful Bow Valley Parkway towards Banff. After lunch we'll take a short hike up to the falls at Johnston's Canyon before arriving in Banff, where we say our good-byes. You will be dropped off at the train/bus station or at your hotel if you choose to stay longer.

DAY 6: Fri, Aug 16th**Distance** 64 km (40 mi)**Meals** Breakfast, Lunch